



# IMPORTANT: COVID-19 Update – New Stage 4 restrictions and requirements for all CHCB employees

**Date:** 12 February 2021  
**To:** All CHCB Employees  
**From:** Kerry Vine-Camp, National Director People & Corporate Services  
Cynthia Dowell, Regional CEO - VIC/TAS | Jane Fischer, General Manager & Medical Director

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The Coronavirus (COVID-19) situation in Victoria continues to evolve. We would like to acknowledge and thank each of you for the way you have adapted so well to the challenging conditions in this uncertain time.

**As you will know, today Premier Daniel Andrews announced that all of Victoria will revert to Stage 4 restrictions on movement from 11.59pm 12 February to 11.59pm Wednesday 17 February 2021.**

The Victorian Government has directed that under Stage 4 'Stay at Home' Restrictions, all Victorians are required to work from home, except where this is not possible to do so.

## What does this mean for me?

Commencing tonight, 11.59pm 12 February 2021, and in accordance with Victorian Government directions, all Calvary employees in Victoria will be required to work from home unless they are an approved essential employee of Calvary for on-site work. As an employee of CHCB you are categorised as an essential worker and may attend the workplace for your shift as usual.

As required during the previous Stage 4 lockdown in Victoria in July 2020, all CHCB employees are required to comply with the following regulations until further notice:

- CHCB employees must wear their Calvary uniforms and carry their Calvary photo IDs at all times when they are travelling for work. If you have lost your ID, then talk to your Department Head as a matter of urgency so that we can re-issue your ID.
- Face masks remain mandatory at all times while at work and in the community as well the usual screening process for all staff entering the hospital.
- Employees must not present to work if they are showing any symptoms of COVID-19 or are awaiting coronavirus (COVID-19) test results, or have tested positive to COVID-19, or are a close contact of a person who is COVID-19 positive. In this case, the employee is required to self-isolate at home for 14 days.
- The Calvary photo ID must strictly be used only for traveling to and from work and school/early education centres. Calvary photo ID and worker permits must not be used for any kind of personal travel.
- As required during the previous stage 4 lockdown, remember to [visit the DHHS website](#) regularly to stay informed of exposure sites within the community.

## Know the symptoms of COVID-19



The latest developments are a timely reminder for all, that if you are unwell, and are showing signs or symptoms of COVID-19, respiratory illness, gastroenteritis, as below, you should not present to work.

**To protect each other, and the people in our care, we must remember to:**

- **Stay at home if you are feeling sick or unwell.** If you are unwell and are showing signs or symptoms of COVID-19, respiratory illness, gastroenteritis, as below, you should not present to work.
  - fever;
  - respiratory symptoms; including:
    - coughing;
    - sore throat; and/or
    - shortness of breath.
  - Other symptoms include headache, sore throat, fatigue, shortness of breath, myalgia, anosmia, dysgeusia, rhinorrhoea, chills and vomiting. Atypical symptoms of COVID-19 may also occur including chest pain, diarrhoea and conjunctivitis.
- **Remember to self-monitor for COVID-19 symptoms.** It is important to self-monitor for symptoms on a regular basis and contact your manager if you have any questions.
- **Exercise good hand hygiene.** Please continue to wash your hands well and regularly and in accordance with our infection prevention protocols.
- **Maintain social/physical distancing.** Social/physical distancing of 1.5 metres separation and 1 person per 4 square metres greatly reduces the risk of infection.

If you are concerned or are experiencing distress, it is important to reach out to your Manager for support. The Employee Assistance Program (EAP) is also available for confidential counselling and wellbeing support to all employees and your eligible, immediate family members.

**You can reach out to your EAP provider by calling 1300 361 008**