

Memo

To: All Staff, Calvary North Adelaide Hospital

From: CNAH Executive Team

Date: 19 November 2020

Subject: COVID-19 Update

This memo serves to keep you all in the loop during this acute COVID response phase, declared yesterday and planned for the next 6 days.

COVID Restrictions

As you are most probably aware, the SA Government has enacted a 'circuit breaker' range of restrictions – link [here](#). For us this means:

- Cessation of non-urgent treatment and surgery
- Restriction of travel except essential workers – please ensure you carry your ID as proof for reason to travel
- Facemasks at all times outside of the home (and for us inside the hospital & grounds)
- Schools, cafes, non-essential businesses all closed (this includes Hudsons onsite) – meals can be ordered via the kitchen following usual processes

We have been working with our VMO's to postpone their surgical activity, until such time we can resume operations.

Our patients

As you would all be aware, isolation from loved ones can cause increased anxiety, stress and worry. Please be extra vigilant for any signs of this and make use of our wonderful Pastoral Care team – they are only a phone call away.

HPS

HPS will deliver ALL discharge medications for wards from 1500 today until further notice – ie they may not be collected from the pharmacy directly

Visitors

Maternity and Mary Potter Hospice immediate families can still visit, as well as ICU by arrangement (subject to screening)

From Friday 20 November, the rear door and maternity door will close and all foot traffic will be via the main entrance doors.

Facemasks:

No change with the hospital – all persons (staff, visitors and patients outside of their rooms) are to wear masks at all times.

We are well stocked for PPE, however we will have to be mindful of our usage, and please be aware that we all will have to purchase our own masks for use outside of work. The Police will re-enforcing this directive more formerly in the coming days.

Welfare:

This period certainly ‘feels’ different to the first lockdown earlier this year with the restrictions ramping up much faster than before, with the plan of preventing harm to the people of South Australia, heeding lessons learnt interstate and overseas.

We would ask that you take the time to look after your physical and mental wellbeing – exercise where you can at home, spend time with family and pets, be aware how much information from the media you take in as it can become overwhelming. If you feel concerned, please access our [Employee Assistance Program](#); our Pastoral care team; seek out a trusted friend or colleague; or access assistance through services as listed [here](#). In addition, let’s keep doing what we do really well here at Calvary – look out for each other, as working together we ensure we will see this through.

Communications

We plan to communicate to you all daily around 1100hrs for this acute period, so please look out for this email in the future.

Kind regards,



Steve Farrall
General Manager



Tracie Dawber
Director of Finance



Su White
Director Clinical Services