



IMPORTANT: COVID-19 Update – SA Travel and Cross-Border Restrictions

Date: 21 July 2020
To: All VMOs, All SA Hospitals
From: Dr Tony Hobbs, Chief Medical Advisor | Sharon Kendall, Regional CEO South Australia

The Coronavirus (COVID-19) situation in Australia continues to rapidly evolve. With recent outbreaks in Victoria and NSW, as well as newly reported cases in SA, Tasmania and the ACT, community transmission remains a risk.

To mitigate the risk of community transmission in South Australia, the SA Government has issued its **Emergency Management (Cross Border Travel No 9) (COVID-19) Direction 2020**, outlining expanded restrictions related to interstate travel and reentry to South Australia.

Consistent with this latest directive:

- **Calvary will not permit the entry of any visitor, contractor, VMO or employee who has travelled to or returned from any of the following restricted locations within the last 14 days and has not first completed their mandatory 14 days of self-isolation:**
 - Victoria (including border towns);
 - New South Wales (including border towns); and/or
 - Australian Capital Territory (Canberra).

Calvary continues to treat patients who have travelled from a restricted location, however they are required to have SA Health exemption.

- For VMOs who wish to admit a patient from a restricted location, please notify the hospital at the earliest possible time and direct your patient to apply for exemption by contacting SA Health at: HealthExemptions.Covid19@eso.sa.gov.au

If you are unwell in any way or are showing any symptoms of COVID-19, please notify the hospital and seek medical advice.

Symptoms of COVID-19 include:

- fever;
- respiratory symptoms; including:
 - coughing;
 - sore throat; and/or
 - shortness of breath.

Other symptoms can include runny nose, headache, muscle or joint pain, nausea, diarrhoea, vomiting, loss of sense of smell, altered sense of taste, loss of appetite and fatigue.

Thank you for all that you do in the interest of caring for vulnerable South Australians in this challenging and evolving time of COVID-19 pandemic.

For up-to-date information for all staff and our VMO partners, please check in to Calvary's COVID-19 Information and Resources site for Staff regularly: www.calvarystaffupdates.org.au