

Calvary Riverina Drug and Alcohol Centre

Changing lives

Changing behaviours

Working towards recovery

Choosing a better life



Hospitality
Healing
Stewardship
Respect

Continuing the Mission of the Sisters of the Little Company of Mary

Who we are?

A Dual Diagnosis Unit

- delivering a drug and alcohol treatment service reducing drug related harm for individuals, families and communities
- identifying and treating clients with complex health and social needs
- supporting effective Mental Health interventions.

Our Mission

- Working with the core values of hospitality, healing, respect and stewardship.
- Working with individuals to overcome dependency on drugs and alcohol.
- Addressing personal and social factors that contribute to problems with substance dependency.

Our Service

Outpatient Withdrawal

Provides a safe supportive option for people who wish to undertake withdrawal (detox) from alcohol and other drugs of dependence in their home environment.

Mental Health and Family Services

A Mental Health Nurse provides effective mental health interventions for co-morbid clients and support for family. There is a shared care arrangement with local General Practitioners.

Inpatient Withdrawal

A 10 bed unit offering medically supervised detoxification by a visiting GP in the community, for 24 hours to 10 days. All clients must complete a detox before entering the residential program.

Residential Treatment

A 22 bed unit providing an intensive rehabilitation in a therapeutic setting for 6 weeks to 6 months. The evidence based program works on a three phase structure, each phase designed to meet client needs in their recovery.

- P1 - Basic education and therapeutic program.
- P2 - Commencement of reintegration into community and family life.
- P3 - Transitional aftercare.

Outpatient Day Program

A 12 week evidenced-based program providing education and support in the rehabilitation process operating Monday to Friday from 9am to 4pm. Outside of these hours clients are encouraged to seek support from family, friends, and the community.

The Day program also provides a cottage for persons attending the program from out of town or who lack safe supportive accommodation within the local community.

Step Care Approach

In recognition that individual treatment needs may vary across a treatment episode, clients can transition between varying levels of treatment intensity and support.

Inpatient and outpatient programs are delivered by a multi-skilled team who are all qualified to work within the drug and alcohol treatment sector.

How to Access Treatment?

The Calvary Riverina Drug & Alcohol Centre (CRDAC) offers a central intake number for all programs with referrals made to the Outpatient Withdrawal service for local clients. Clients cannot be mandated to treatment, they are self referred.

Phone assessments are accessed by phoning 02 6932 6804 during business hours. Our Intake Officer will conduct a comprehensive assessment and after consultation with clinical staff will provide you with an admission to treatment date and time.

Please note - Clients who have a history of criminal and or mental health issues may be required to fax through copies of their reports as supporting documentation for their assessment on **02 6932 6888**.

Where offences are of aggravated/sexual violence in nature, CRDAC reserves the right to decline admission.

Clients must be aged 18 years and over.

Smoke Free

CRDAC is a Smoke Free Living and working environment in accordance with hospital policy and evidence that smoking poses a serious threat to the individual's physical and financial well-being. Nicotine replacement therapy is provided to assist you during your treatment.





To have a life with meaning for yourself you must be willing to use your time here as a positive learning experience and explore even the most difficult of experiences.

Losing control due to your substance use not only affects you but all people who support you. During your stay you can regain self-respect and a sense of personal identity and worth.
