

# Infection Control (V2 30/9/2021)

Basic Infection Prevention and Control (IPC) requirements working at Calvary Haydon Retirement Communities during the COVID-19 Outbreak

## Main Points:

- All 5 households are now in lockdown and classed as **RED ZONES**
- Shared areas (i.e. outside the households) are considered **GREEN ZONES**
- We only have positive COVID-19 cases in the **Mary Potter** household
- Staff need to comply with Contact, Droplet and Airborne Precautions in all **RED ZONES** (i.e. need to put on a gown, gloves, N95 mask and a face shield)
- PPE requirements in **GREEN ZONES**
  - Ground floor - N95 mask and face shield
  - Level 1 - Surgical mask and face shield
  - Gown and gloves not required in Green Zones

**GREEN ZONE – Ground Floor**



**GREEN ZONE – Level 1**



**RED ZONE**





**Donning stations** for putting on PPE have been set-up at the entrance to all **RED ZONES**

- It is **essential** to follow the instructions provided on the posters on the wall and doors leading into the **RED ZONES**. This includes the poster depicting the steps and correct order for donning and doffing

**Doffing stations** for the removal of PPE have been set-up at the exit point from all **RED ZONES** (incl. at the fire stairs)

- Dispose of all used PPE in the **clinical waste bin** (yellow bin with yellow liner located in the doffing area)

It is essential to put on and remove PPE using the correct steps and order to prevent self-contamination during the doffing and donning process

- Staff leaving the **RED ZONE** must:
  - Remove their used PPE at the **doffing station** BEFORE they enter the **GREEN ZONE**
  - Clean and disinfect **ALL** equipment leaving the **RED ZONE** using the cleaning wipes provided (e.g. Clinell Green Wipes or Asepti Wipes)



## Specific requirements working in the **RED ZONE**:

### Using PPE

- **DO NOT** remove your N95 mask or face shield whilst inside the red zone
- Avoid touching your mask or face shield to prevent it from becoming contaminated
- Sessional use of PPE in the Red Zone
  - Extended or sessional use of PPE is recommended when caring for residents in the Red Zone
  - A single session refers to a period where a staff member is undertaking duties in the red zone. A session ends when the staff member leaves the red zone (e.g. end of shift or for a toilet or meal break)
  - N95 masks can be safely and comfortably worn for up to 4 hours continuously without removing the mask unless damaged, soiled or contaminated
  - Gloves are **single use** as per Standard Precautions and must be removed after each patient contact, followed by hand hygiene before donning a clean pair of gloves
  - Gowns can be worn for a continuous session of work if the gown does not come into contact with the resident or their environment, and are not visibly contaminated. If the staff member has direct contact with the resident or their environment, the staff member must remove and replace the gown between resident care episodes
  - Gloves and gown **must** be removed and replaced with clean gloves and gown after providing care to a COVID-19 positive resident. Follow the instructions provided at the doffing station located just outside the room of COVID-19 positive residents



### Food Drinks and Break Areas

- **DO NOT** consume any food or drinks anywhere in the red zone. It is important that there is no break in PPE for the period you are in the Red Zone. This includes removing your mask to have a drink of water
- It is important to:
  - use the bathroom BEFORE you enter the red zone, and
  - drink enough fluids BEFORE you enter the red zone
- Staff must leave the red zone to:
  - use the staff toilet facilities
  - have a water/snack break
  - have a meal break
- Location of staff toilet facilities:
  - Staff working in **Mary Potter** must use the toilet located near the main reception desk (located on the ground floor)
  - Staff working in **St Teresa** must use the toilet located near the main reception desk (located on the ground floor)
  - Staff working in **St Patrick** must use the toilet located just outside the **St Patrick** household opposite the donning station (located on the ground floor)
  - Staff working in **St Margaret** must use the toilet located on level 1 in the admin area
  - Staff working in the **St Francis** household must use the toilet located on level 1 in the admin area
- Location of a water/snack break station:
  - Located on the fire stairs landing of each household (on the **GREEN ZONE** side of the fire door)
  - This is where staff can safely remove their PPE, perform hand hygiene and have something to drink and eat before going back into the red zone
  - Water and snacks will be available for staff in this area
- Location of a meals area:
  - Staff working in the **Mary Potter** household must use the meals area set-up in the resident gym (follow the signs towards the St Patrick household. The resident gym is located just before you reach the doors leading into the St Patrick household)



- Staff working in the **St Teresa** household must use the meals area set-up in the chapel (follow the signs towards the St Patrick household. The chapel is located just after you passed the doors leading into the St Patrick household)
- Staff working in the **St Patrick** household must use the meals area set-up in the chapel (just outside the doors leading into the St Patrick household)
- Staff working in the **St Margaret** household must use the designated meals area set-up in the **St Francis** dining room (located on Level 1)
- Staff working in the **St Francis** household must use the designated meals area set-up in the **St Francis** dining room (located on Level 1)
- Important to remember when you enter the meals area:
  - You can remove your mask ONLY whilst eating or drinking
  - It is essential to maintain social distancing from others in the room when you remove your mask
  - If the room is crowded, you can elect to find a quiet spot outside in the fresh air to have your meal
  - Clean all surfaces following use with the disinfectant wipes provided
  - Clean your hands before you eat or drink
- Location of lockers:
  - Lockers for staff belongings located within the designated staff meal areas
  - Only use the lockers in the meals area assigned to your work location



## Specific requirements in the GREEN ZONE:

- When leaving from the RED ZONE into the GREEN ZONE, staff must:
  - Remove all used PPE (follow steps on doffing poster) and dispose of used PPE into the Clinical Waste Bin
  - Clean hands
  - Put on a clean surgical mask and face shield
- Whilst in the GREEN ZONE, staff must:
  - Maintain social distancing (1.5m apart)
  - Adhere to room number restrictions
  - Clean ALL surfaces following use with the disinfectant wipes provided (e.g. Clinell Green Wipes or Asepti Wipes)
  - Clean hands every time you touched a surface or equipment using the Alcohol-based handrub provided
  - Only remove your face shield and surgical mask if you are eating or drinking



## Doffing and Donning Stations

- Donning stations set-up at the entrance to all **RED ZONES**
- Please keep these stations neat and well stocked
- Different types and sizes of N95 masks available. Please select a mask that fits snugly to your face and perform a fit check to ensure it creates a perfect seal
- Note – the use of a hairnet is not recommended as part of the PPE used to care for residents with COVID-19
- If you cannot find the PPE you need, do not enter the **RED ZONE**. Extra PPE are available in the boardroom
- Ensure you follow ALL the instructions on the posters located at the donning and doffing stations

Example donning station:



Storeroom in Boardroom:



## Cleaning requirements

Every staff member working in the facility **must** clean all shared equipment and surfaces every time following use. Please use the disinfectant wipes provided

## Linen management

Facility linen:

- All linen skips used within the **RED ZONES** must be lined with a normal linen bag and a red alginate bag
- Usual linen management practices applies, incl. the requirement to not overfill the bag
- Full linen bags are kept inside the dirty utility room until collection and removal from the household
- Removal from the household to occur using the following routes:
  - Households on ground floor – leave household through fire exit
  - Households on 1<sup>st</sup> floor – usual route through household entrance
- Standard precautions applies when handling contained linen (i.e. inside linen bag). Standard precautions include the requirement to clean your hands following contact with linen bag
- All linen trolleys and skips must be cleaned (using the disinfectant wipes provided) following use and before reuse

Family wanting to wash resident clothing at home:

- Family can collect the clothing of residents in **St Patrick, St Margaret and St Francis** for washing at home
- Process for collecting resident clothing:
  - Staff to put clothing items in a plastic bag
  - If clothing soiled or wet double bag items
  - Ensure top of bag is firmly tied off
  - Ensure resident name is clearly marked on the bag and bag closed tightly
  - Clean the outside of the bag with a disinfectant wipe
  - Place the bag outside the household door
  - Call main reception on extension x 7538 for collection





## Waste management

- **General waste**, incl. PPE wrappers must be disposed of into general waste receptacles (i.e. bin lined with a black bin liner)
- **Clinical waste**, incl. used PPE must be disposed of into a clinical waste receptacle (i.e. bin with a yellow liner)
- Increased waste removal services have been implemented through the facility. If you notice a full waste bins, please contact the RN on duty to arrange for waste removal (contact number – dect x 7429 or dect x 7501)
- Removal from the household to occur using the following routes:
  - Households on ground floor – leave household through fire exit
  - Households on 1st floor – usual route through household entrance
- Standard precautions applies when handling contained waste (i.e. secured inside waste bag). Standard precautions include the requirement to clean your hands following contact with waste bag
- All waste bins must be cleaned (using the disinfectant wipes provided) following use and before reuse

## Staff movement through the facility

We aim to direct and restrict access through the facility to limit the potential for staff from different areas within the facility to mix. The aim is to prevent the requirement to exclude large amounts of staff if a member of staff becomes unwell.

We therefore ask staff to:

- Only use the toilets and meal break areas assigned to the specific area the staff member is working in
- Avoid unnecessary movement through the facility (e.g. do not go up to Level 1 if you work on the ground floor)



## Requirements in admin areas (e.g. office areas)

Staff working in admin areas are required to:

- Keep office doors closed and open windows if possible
- Maintain social distancing (1.5m apart)
- Adhere to room number restrictions
- Clean ALL surfaces following use with the disinfectant wipes provided (e.g. Clinell Green Wipes or Asepti Wipes)
- Clean hands every time you touched a surface or equipment using the Alcohol-based handrub provided
- Only remove your face shield and surgical mask if you are eating or drinking

## Showering of COVID-19 positive residents

Staff can continue to shower residents with confirmed COVID-19, unless the medical condition of the resident interferes with the ability to shower safely.

All staff helping with showering must:

- Wear appropriate PPE (i.e. N95 mask, face shield, gown and water resistant boots or shoe covers)
- Turn on extractor fans while showering and leave the door open (if possible)
- Use a gentle stream of water to reduce the risk of droplet aerosols
- As much as possible, avoid getting the mask wet
- Replace gowns, mask and face shield after the shower