

## TOURS

Tours of the maternity unit are generally held on Saturday and Sunday at 3pm. Bookings are not necessary, however please call the unit on (02) 6281 8730 to confirm the tour is running.

## HOW TO BOOK IN

Booking in is easy - just speak with your obstetrician or call:

**CALVARY JOHN JAMES MATERNITY WARD**  
**(02) 6281 8730**

## VISITING HOURS

3-5pm & 7-8pm.

Partners and Grandparents are welcome outside these hours.

**REST PERIOD 1-3PM NO VISITORS.**

HEALING  
STEWARDSHIP  
RESPECT  
HOSPITALITY

*In The Tradition of The Sisters of The Little Company of Mary*



**173 STRICKLAND CRES, DEAKIN ACT 2600**

**T: (02) 6281 8100**  
**F: (02) 6281 8174**



Printed 5-2018

# CALVARY JOHN JAMES MATERNITY UNIT

# MATERNITY UNIT



At Calvary John James Maternity Unit our experienced staff pride themselves on providing a warm, friendly and supportive environment.

Our staff appreciate the individual needs of our expectant mothers and family members.

Pregnancy is an exciting time for you and your family. Calvary John James Maternity Unit would like to introduce you to our services.

## A GREAT PLACE TO BE BORN...

Calvary John James Maternity Unit is a 26 bed facility, centrally located in the leafy suburb of Deakin and conveniently sited adjacent to the John James Medical Suites. With a commitment to world's best practice we have the distinction of offering maternity care second to none.

## IT'S ABOUT YOU

Calvary John James Maternity Unit is comprised of:

- Single and shared rooms all with ensuite facilities
- An extensive catering service
- Paediatric and Anaesthetic medical cover
- A fully equipped special care nursery that caters for babies pre-term and term.

Our experienced midwives are available to offer individual advice and support with breastfeeding.



## PARENT EDUCATION WORKSHOPS

Our staff understand how important it is for you to be fully informed regarding the nature and process of the birthing experience.

A series of three antenatal workshops are held for first time parents. A refresher class is also available for parents wishing to review information on labour and birth. We also offer an antenatal breastfeeding workshop.

## ALLIED HEALTH SERVICES

For convenience and peace of mind Medical Imaging services are located on site.

In-house Physiotherapy, Occupational Therapy, Dietitian, Pastoral Care & Social Worker services are available.

## GOING HOME

Going home is a new and exciting time but it is also a time of new experiences.

All mothers and babies are referred to Maternal and Child Health on discharge from hospital. You will be contacted and followed up at home.

