For more information:

Kathryn Bensley Aboriginal Health Practitioner Palliative Care Team

P: 02 4985 0386 F: 02 4985 0385

E: Kathryn.Bensley@calvarymater.org.au

www.calvarymater.org.au www.palcare.org.au

How to find us:

Corner of Edith and Platt Streets Waratah NSW 2298



Acknowledgement of Land and Traditional Owners

Calvary Mater Newcastle acknowledges the Traditional Custodians and Owners of the lands of the Awabakal Nation on which our service operates. We acknowledge that these Custodians have walked upon and cared for these lands for thousands of years.

We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander peoples to this country and commit ourselves to the ongoing journey of Reconciliation.

All artwork featured is by Doris Glasson 'Aunty Coke' Front cover: Miyan 'Carer, one that provides and cares for another' (2014)

Inside artwork: Muguwarbang 'Peaceful and quiet' (2014)





About Calvary

Founded by the Sisters of the Little Company of Mary, Calvary operate 15 Public and Private Hospitals, 15 Retirement and Aged Care Facilities and 22 Community Care Centres.





Mater Newcastle

Locked Mail Bag 7 Hunter Region Mail Centre, NSW 2310, Australia www.calvarymater.org.au

Palliative Care for Aboriginal People





Continuing the Mission of the Sisters of the Little Company of Mary



Palliative Care for Aboriginal people

The definition of Palliative Care

Palliative care is care provided for people of all ages who have a life-limiting illness, with little or no prospect of cure, and for whom the primary treatment goal is quality of life.

Who we are?

We are a group of health professionals who provide specialist palliative care.

Our health care team

Our health care team look after people in hospital and also at home.

Kathryn Bensley is our Palliative Care Aboriginal Health Practitioner. Her role is to support patients and their families during their journey through sorry business and to educate patients and families about what palliative care means for them.

How much does it cost?

This is a free service. Calvary Mater Newcastle is a public hospital.

How can we assist you?

- Palliative Care Aboriginal Health Practitioner
- Specialist doctors and nurses
- Loan of equipment
- Allied health services
- Support with emotional and spiritual needs
- Pain and symptom control
- Awareness of special cultural needs
- Bereavement support
- Volunteer assistance
- 24 hour telephone support
- Education

All services are subject to availability.

Standards for Providing Quality Palliative Care for all Australians (Palliative Care Australia May 2006)

Death is as much a part of life as birth, but for many families, facing a terminal illness is a difficult time

Our team is here to help you through this difficult time



This picture is representative of the Awabakal and surrounding nations

Artist: Colin Wightman

