

Thank you for choosing Calvary John James Hospital for your child's admission.

Please take a moment to read the following information as it explains what to expect when your child is admitted to the hospital.

One parent or guardian is required to stay overnight. A sofa bed and linen is provided for your comfort.

Children who have received some preparation prior to coming into hospital will cope better than children who do not receive any preparation.

Calvary John James Hospital staff has developed a Children's Information booklet. The aim of the booklet is to help children gain a better understanding of what will happen during their stay at Calvary John James Hospital and it is designed to be read before your child comes into hospital. The booklet includes pictures, colouring in templates and information, and can be downloaded from:

WWW.CALVARYJOHNJAMES.COM.AU

HEALING
STEWARDSHIP
RESPECT
HOSPITALITY



In the tradition of the Sisters of the Little Company of Mary



173 STRICKLAND CRES, DEAKIN ACT 2600

**T: (02) 6281 8100
F: (02) 6281 8174**



**PAEDIATRIC
ADMISSION
CALVARY JOHN JAMES
CURTIN WARD**


Calvary
John James
Hospital



CURTIN WARD

ON ADMISSION

Please present to the Admissions Centre located at the front of the Hospital.

On arrival the necessary admission documentation will be completed and if an excess is required you can pay this now.

One of our friendly nurses will take you and your child through the medical admission process. An arm band identifying your child will be placed on their wrist or ankle. From here, your child will go to theatre.

Children can wear their pyjamas or loose fitting comfortable and appropriate clothes to theatre. You may find it easier to bring your child to the hospital already dressed in these clothes.

PRIOR TO SURGERY

One parent may accompany the child to the theatre. Most of our anaesthetists are happy for you to go with your child until they are asleep.

During the procedure you are welcome to wait in the family room which is located near the operating theatre entrance.

WHAT TO EXPECT AFTER SURGERY

Once your child is in the recovery area and ready to return to the ward you will be notified and can accompany your child back to the ward.

An oxygen mask may be used after your child's operation to help keep their oxygen levels up. This mask does not always have to be put on your child's face it can be put beside them while they are sleeping this can be just as effective. Explain to your child that the mask will help to make it easier to breathe, and the air is cold and can tickle a bit.

Your child may have a drip in their hand or foot when they come back from theatre to assist with rehydration. The drip may continue throughout the night depending on your child's oral fluid intake. Normally the drip will be taken out on the day of discharge.

Your child may feel a bit sleepy and even a bit grizzly for a while. The nurses will give your child pain relief if it is needed. The pain medication will be in liquid form. If you are at all concerned about your child, please do not hesitate to talk to the nursing staff.

A nurse will be assigned to look after your child each shift. Your child will be monitored and observed on a regular basis. These observations will continue throughout your child's stay.

If your child is having tonsil and/or adenoids removed, they will be encouraged to eat and drink post procedure. Your nurse will advise which drinks are best and which to avoid.



DISCHARGE

The doctor and nurses will discuss with you when your child is able to go home. You will receive discharge information from your surgeon, together with instructions regarding follow up appointments. In addition, you will be provided with some discharge information from the nursing staff.

Discharge is at 0930. If the accompanying parent or guardian requires a medical certificate for time off work, please ask your surgeon. Nursing staff are unable to provide these.

ONCE HOME

Administer the discharge medications as prescribed by your doctor. Continue administering oral pain relief as instructed by your doctor. Monitor your child's fluid and food intake to make sure it is adequate.

If your child experiences any of the following, contact your Surgeon during work hours:

- Fever greater than 38°C
- Difficulty in breathing
- Ongoing nausea or vomiting
- Ongoing pain not relieved by medication
- Excessive bleeding
- Any complication as a direct result of surgery

If you are unable to contact your Surgeon, please call:

CALVARY JOHN JAMES HOSPITAL
6281 8100 OR 6229 2110