

26 December 2021

Dear Resident or Family Member,

## RE: Updated Visitor Restrictions – NSW Calvary Residential Aged Care Homes

The high level of COVID-19 community transmission remains a concern within NSW. With the recent NSW Government announcement on community restrictions and updated NSW Health advice for aged care providers, Calvary has undertaken a risk assessment across each of our NSW Homes.

Based on this risk assessment the following homes are considered to be high risk due to COVID-19 circulating in the local community – **Calvary Bayview Gardens; Calvary Brighton Le Sands; Calvary Cessnock; Calvary Cooina; Calvary Henley Manor; Calvary Mt Carmel; Calvary Muswellbrook; Calvary Nazareth; Calvary Ryde; Calvary St Francis; Calvary St Martins; Calvary St Paul's; Calvary Tanilba; Calvary The Brelsford and Calvary The Mariner.** The homes will have visitor restrictions reintroduced from 6pm, 26 December 2021.

### What does this mean for residents and families?

Effective from 6pm today, 26 December 2021, and until further notice, the following new restrictions will apply:

- **Only One Visitor will be permitted entry daily.** Due to the heightened risk of infection and consistent with the latest government directives, visitation has been restricted from 6pm today, 26 December 2021 until further notice.

Visitors are strongly encouraged to have obtained a booster vaccine if they are eligible for one, and to have had a negative Rapid Antigen Testing (RAT) prior to entry. Calvary is working towards RAT testing being available on site at the homes, this will commence once equipment is available and staff are trained.

Visitation exceptions may apply for residents at end of life, or who may be experiencing distress, or where a special care and support role is provided. Please speak with the manager of your home to discuss arrangements.

All visitors will continue to be required to wear a surgical mask. Calvary can provide one if required. It is important that the mask remain on at all times including in the resident rooms.

- **Children Under the age of 12 will not be permitted entry.**
- **Resident social outings will be permitted.** All other outing requests will need to first be discussed with and approved by the Home Manager. Each request will be risk assessed in line with the latest NSW Health guidelines. Excursions for necessary medical treatment will continue to be permitted as usual. Residents who attend family gatherings will be required to undertake COVID-19 screening upon return to the home.
- **Visitors must not enter the home at all if they:**
  - have been to an exposure site in the last 14 days prior to their visit;
  - have COVID-19 symptoms - fever (37.5°C or higher) or symptoms of COVID-19;
  - have been to any close or casual contact locations or overseas;



- are a close contact of a person with confirmed COVID-19 and are within their self-isolation period;
  - live in a household with a person who is currently self-isolating; and/or
  - are waiting for a COVID-19 test result.
- **Our staff will be wearing face masks and eye protection.** Consistent with the latest NSW Health advice, our staff and any visiting GP will be required to wear a surgical face mask at all times.

The situation in NSW will continue to evolve. For the latest information on identified NSW Health COVID-19 case locations, please [visit the NSW Government website](#).

We will continue to monitor NSW Health advice, keep you informed of any changes, and ease restrictions as soon as it is safe to do so.

Please don't hesitate to contact the manager of your home should you have any questions or would like to discuss the individual care needs of your loved one.

Thank you for your continued understanding and cooperation in this challenging time. By following the rules, you are helping us to keep everyone safe.

Sincerely,

**Martin Bowles**  
National CEO

**Bryan McLoughlin**  
Regional CEO - NSW