



IMPORTANT: COVID-19 Update – Notification of changes to visitor restrictions for SA Hospitals

Date: 22 December 2020
Effective: IMMEDIATELY
To: All Employees, All VMOs - South Australian Hospitals
From: Sharon Kendall, Regional CEO - South Australia

The COVID-19 situation in South Australia remains stable. **Accordingly, and consistent with the latest SA Health advice, Calvary has introduced eased visitor restrictions at Calvary Adelaide Hospital, Calvary North Adelaide Hospital, and Calvary Central Districts Hospital effective immediately.**

The COVID-19 situation in NSW continues to evolve. Accordingly, as directed by SA Health, any person who has been in a [high community transmission zone or at a prohibited location](#) in NSW on or after 11 December 2020 will not be permitted to visit the hospital at this time.

Eased visitation restrictions at Calvary SA Hospitals

- **Any (2) visitors will be permitted to visit each day.** A maximum of two (2) visitors per patient will be allowed. Visits must be strictly kept to the patient's room and visitors must adhere to social distancing.
- **Any one (1) visitor will be permitted to visit each day for admitted Emergency Department patients.**
- **No visitors are currently permitted for Day Surgery patients.** Our concierge system is in place to support Day Surgery patients throughout their hospital visit.
- **Exceptions for obstetrics patients.** For obstetrics patients, two (2) child and one (1) adult carer visitor will be permitted, pending prior consultation with the maternity manager.
- **For patients who are at end of life, there may be exceptions to visitation restrictions.** If you or a loved one are receiving palliative care or are at end of life, please contact the hospital to discuss whether an exceptional visit can be arranged.
- **Our staff and visitors will be required to wear a facemask until 23 December 2020.** Where a visitor does not provide their own mask, or the mask does not meet requirements, Calvary will provide a mask upon entry. We anticipate this SA Health requirement may change and Calvary will respond accordingly.
- **Visitors and staff will be screened and have their temperature checked by staff before entry.** Fever is one of the symptoms of COVID-19 and any person with a temperature (greater than 37.5 degrees Celsius) presents a potential risk of transmitting the virus to others.
- **Hand hygiene is important.** Remember to please use the hand sanitiser stations at the entrance and throughout the hospital regularly.

Know the symptoms of COVID-19 and stay safe at work

To protect each other, and the people in our care, we must remember to:



Stay at home if you are feeling sick or unwell. If you are unwell and are showing signs or symptoms of COVID-19, respiratory illness, gastroenteritis, as below, you should not present to work.

- fever;
- respiratory symptoms; including:
 - coughing;
 - sore throat; and/or
 - shortness of breath.

Other symptoms include headache, sore throat, fatigue, shortness of breath, myalgia, anosmia, dysgeusia, rhinorrhoea, chills and vomiting. Atypical symptoms of COVID-19 may also occur including chest pain, diarrhoea and conjunctivitis.

Exercise good hand hygiene. Please continue to wash your hands well and regularly and in accordance with our infection prevention protocols.

Maintain social/physical distancing. Social/physical distancing of 1.5 metres separation and 1 person per 4 square metres greatly reduces the risk of infection.

Use good cough and sneeze etiquette. Cough into your elbow and cover your nose and mouth when sneezing. If you have a new persistent cough, you should not be at work.

Wear your Calvary reusable mask when commuting. Calvary has issued every employee with two (2) reusable face masks in November. Using a face mask while using public transport or in other public places where social/physical distancing is not possible reduces the risk of infection.

These measures are in place to reduce the risk of potential COVID-19 transmission to other members of staff, our VMO partners and the vulnerable people in our care.

Please do the right thing and stay home if you are unwell.