



# IMPORTANT: COVID-19 Update – Notification of eased visitor restrictions for SA Hospitals effective 27 November 2020

**Date:** 25 November 2020  
**Effective:** 27 November 2020  
**To:** All Employees, All VMOs - South Australian Hospitals  
**From:** Sharon Kendall, Regional CEO - South Australia

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The COVID-19 situation in South Australia is currently stable. **Accordingly, and consistent with the latest SA Health advice, Calvary will be introducing eased visitor restrictions at Calvary Adelaide Hospital, Calvary North Adelaide Hospital, and Calvary Central Districts Hospital from Friday, 27 November 2020.**

## Eased visitation restrictions at Calvary SA Hospitals from 27 November 2020

- **Any one (1) visitor will be permitted to visit each day.** From 27 November 2020, any one (1) visitor per patient will be allowed to visit until further notice. Visits must be strictly kept to the patient's room.
- **Exceptions for obstetrics and paediatrics patients.** Admitted babies and children (0-17 years) may have one (1) parent/carer present at all times. For obstetrics patients, one (1) child and one (1) adult carer visitor will be permitted, pending prior consultation with the maternity manager.
- **For patients who are at end of life, there may be exceptions to visitation restrictions.** Patients and families have been instructed to contact the hospital to discuss whether an exceptional visit can be arranged.
- **Staff, VMOs and visitors are required to wear a facemask.** Consistent with SA Health advice, visitors and staff are required to wear a surgical facemask at all times. Where a visitor does not provide their own mask, or the mask does not meet requirements, Calvary will provide a mask upon entry.
- **Visitors, staff and VMOs continue to be screened and have their temperature checked before entry.** Fever is one of the symptoms of COVID-19 and any person with a temperature (greater than 37.5 degrees Celsius) presents a potential risk of transmitting the virus to others.
- **Hand hygiene is important.** Remember to please use the hand sanitiser stations at the entrance and throughout the hospital regularly.

While the situation in South Australia is improving, we must remember that if you are unwell, and are showing signs or symptoms of COVID-19, respiratory illness, gastroenteritis, as below, you should not present to work.

## Know the symptoms of COVID-19 and stay safe at work

To protect each other, and the people in our care, we must remember to:

**Stay at home if you are feeling sick or unwell.** If you are unwell and are showing signs or symptoms of COVID-19, respiratory illness, gastroenteritis, as below, you should not present to work.

- fever;
- respiratory symptoms; including:



- coughing;
- sore throat; and/or
- shortness of breath.

Other symptoms include headache, sore throat, fatigue, shortness of breath, myalgia, anosmia, dysgeusia, rhinorrhoea, chills and vomiting. Atypical symptoms of COVID-19 may also occur including chest pain, diarrhoea and conjunctivitis.

- **Exercise good hand hygiene.** Please continue to wash your hands well and regularly and in accordance with our infection prevention protocols.
- **Maintain social/physical distancing.** Social/physical distancing of 1.5 metres separation and 1 person per 4 square metres greatly reduces the risk of infection.
- **Use good cough and sneeze etiquette.** Cough into your elbow and cover your nose and mouth when sneezing. If you have a new persistent cough, you should not be at work.
- **Wear your Calvary reusable mask when commuting.** Calvary is issuing every employee with two (2) reusable face masks this week. Using a face mask while using public transport or in other public places where social/physical distancing is not possible reduces the risk of infection.

These measures are in place to reduce the risk of potential COVID-19 transmission to other members of staff, our VMO partners and the vulnerable people in our care.

**Please do the right thing and stay home if you are unwell.**