



# IMPORTANT: COVID-19 Update – SA Travel and Cross-Border Restrictions

**Date:** 31 July 2020  
**To:** All Staff, All VMOs - All SA Hospitals  
**From:** Dr Tony Hobbs, Chief Medical Advisor | Sharon Kendall, Regional CEO South Australia

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The Coronavirus (COVID-19) situation in Australia continues to rapidly evolve. With recent outbreaks in Victoria and NSW, as well as other jurisdictions, community transmission remains a risk.

To mitigate the risk of community transmission in South Australia, the SA Government has issued its **Emergency Management (Cross Border Travel No 10) (COVID-19) Direction 2020**, outlining expanded restrictions related to interstate travel and reentry to South Australia.

## Consistent with this latest directive:

- **Calvary will not permit the entry of any visitor, contractor, VMO or employee who has travelled to or returned from any of the following restricted locations within the last 14 days and has not first completed their mandatory 14 days of self-isolation:**
  - Victoria (including border towns);
  - New South Wales (including border towns); and/or
  - Australian Capital Territory (Canberra).
- The SA Government requires essential travellers to wear a face mask while in public for a 14 day period following the date of entry to South Australia; and
- Requires persons who enter South Australia from ACT, NSW or VIC to submit to mandatory COVID-19 testing within the first 24 hours of entry and again in 12 days following entry.

**Consistent with SA Government advice, Calvary continues to treat patients who have travelled from a restricted location, however they are required to have SA Health exemption.**

For VMOs who wish to admit a patient from a restricted location:

- Advise patients to first seek COVID-19 testing; and
- Please notify the hospital at the earliest possible time and direct your patient to apply for exemption by contacting SA Health at:  
[HealthExemptions.Covid19@eso.sa.gov.au](mailto:HealthExemptions.Covid19@eso.sa.gov.au)

If you are unwell in any way or are showing any symptoms of COVID-19, please notify the hospital and seek medical advice.

## Symptoms of COVID-19 include:

- fever;
- respiratory symptoms; including:
  - coughing;
  - sore throat; and/or
  - shortness of breath.



Other symptoms can include runny nose, headache, muscle or joint pain, nausea, diarrhoea, vomiting, loss of sense of smell, altered sense of taste, loss of appetite and fatigue.

Thank you for all that you do in the interest of caring for vulnerable South Australians in this challenging and evolving time of COVID-19 pandemic.

If for whatever reason you are finding this uncertain time distressing, please discuss your concerns with your Manager in the first instance. For additional support, please make contact with your Employee Assistance Program (EAP) provider at:

<http://connect.calvarycare.org.au/EmployeeEssentials/Conditions/pages/Employee-assistance-program.aspx>

For up-to-date information for all staff and our VMO partners, please check in to Calvary's COVID-19 Information and Resources site for Staff regularly: [www.calvarystaffupdates.org.au](http://www.calvarystaffupdates.org.au)