



CareSearch and palliAGED – gateways to trustworthy, evidence-based information on palliative and end-of-life care.

The <u>CareSearch</u> and <u>palliAGED</u> websites are both managed by CareSearch and have been funded by the Australian government to provide independent and reliable information on palliative and end-of-life care. <u>CareSearch</u> provides free access to evidence-based information on palliative and end-of-life care with dedicated pages for patients, families, and carers as well as health professionals. <u>PalliAGED</u> is more targetted to health professionals working in aged care with the latest palliative care evidence and practice resources.

Why CareSearch and palliAGED? Finding trustworthy information to guide our decisions in palliative and end-of-life care is important to everyone. But, with limited time and so much information available how do we know which information we can rely on? CareSearch and palliAGED provide gateways to reliable palliative care evidence and tools filtered for use by both health professional and non-professional groups.

Why do I need evidence? Making the best palliative and end-of-life care decisions for each person depends on their preferences, but will also be shaped by the environment in which care is given, expert opinion, and what the evidence tells us about our options (unbiased information on what works, what is the most likely outcome, and what is unknown). The balance between each of these will vary between individuals, but at CareSearch and palliAGED we believe that at a minimum everyone, including the public and health professionals, should have access to the evidence.

What will I find in <u>CareSearch</u>? With dedicated pages for patients, families, and carers, as well as <u>GPs</u>, <u>nurses</u>, <u>allied health</u>, <u>aged care</u>, <u>Aboriginal and Torres Strait Islander</u>, and <u>Researchers</u>, CareSearch provides free access to evidence-based information on palliative and





end-of-life care across the life-span and across the health care system. Topics covered include living with illness, communication, and planning care, as well as sections on the elderly and Aboriginal and Torres Strait Islander care.

You will also find clinical summaries and videos on specific topics such as patient management and carer support, and tools to help you retrieve the latest evidence and information on the palliative care matters that are most relevant to you and/or those in your care. The <u>CareSearch Research Studies Register</u> is a database of Australian research projects and studies in palliative care, here you can read what is being done or add your project to share it with the community.

What will I find in <u>palliAGED</u>? palliAGED provides health professionals working in aged care with the latest palliative care evidence and practice resources. It incorporates and updates the evidence-based information previously contained in the Guidelines for a Palliative Approach in Residential Aged Care (APRAC) and the Guidelines for a Palliative Approach for Aged Care in the Community Setting (COMPAC). palliAGED also offers for <u>GPs</u> and <u>nurses</u>, two <u>free apps</u> that provide evidence-based end-of-life and palliative care information and practice guidance (including prescribing information) for convenient, point-of-care use.

Getting started: Visit the <u>CareSearch</u> and <u>palliAGED</u> websites to access information you can trust and find links to other reliable websites and resources.