### **About Calvary**

Calvary is a charitable Catholic not-for-profit organisation with more than 12,000 staff and volunteers, 15 public and private hospitals, 15 retirement and aged care facilities, and 22 community care centres. We operate across six states and territories within Australia.

Established in Sydney in 1885, by the arrival of the Sisters of the Little Company of Mary in Australia, our mission is to provide health care to the most vulnerable, including those reaching the end of their life.

#### **Contact Us:**

Calvary Riverina Drug and Alcohol Centre 02 6932 6800

Calvary Riverina Hospital 02 6925 3055

For more information about Calvary Riverina Hospital, please visit: www.calvaryriverina.org.au

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**Disclaimer:** While the Australian Government helped fund this document, it has not reviewed the content and is not responsible for any injury, loss or damage however arising from the use of or reliance on the information provided herein.







# Women's Wellness and Recovery Program

Information for Service Providers



Supportive counselling and treatment for pregnant Women and/or Women with children under 5 years, who are experiencing alcohol and other drug disorders

### Women's Wellness & Recovery Program

The Women's Wellness & Recovery Program is provided by the Calvary Riverina Drug and Alcohol Centre to support pregnant Women and/or Women with children under 5 years who are experiencing alcohol and other drug (AOD) disorders.

This program aims to improve the health and wellbeing of pregnant Women and their children; providing counselling, referral and treatment as appropriate including:

- Midwifery support and antenatal assessment
- Individual counselling
- Access to AOD treatment services including methamphetamine
- Withdrawal support
- Education and positive parenting
- Referral and links to other service providers who can support treatment.

This is an outpatient based program enabling clients to maintain their family, community and social supports.

Priority for access to this service may include:

- Aboriginal and Torres Strait Islander Women
- Gestation of pregnancy
- Individual self referral
- Women who may have another co existing condition such as mental health issue/diagnosis/disorder
- Women experiencing problems with AOD who also have a partner experiencing problems with AOD
- Women experiencing problems with AOD and other issues such as homelessness or domestic violence.

Counselling and treatment is provided by experienced and supportive counsellors, social workers and clinicians including support midwives and other health professionals as required.

## **Program referrals**

Participation in the program is voluntary and referrals to the program may be made directly to the Intake Coordinator with the client's consent.

All referrals are made through a central client referral intake service coordinated from the Calvary Riverina Drug & Alcohol Centre Wagga Wagga.

#### Please phone 02 6932 6800 for all referrals and enquiries.

Initial contact will be made directly with the client within five working days of referral.

Clients will have a comprehensive assessment completed to gain as much information as possible to support their admission into the program and ensure the treatment is tailored to their needs.

If a client is not suitable for this program, with their consent and input they will be referred to the appropriate service or agency.

The program is planned to outreach across the regional area and will be provided from four key locations: Wagga Wagga, Griffith, Deniliquin and Young. For more information about these locations please inquire with the Program Coordinator.