
Quiet Time

There is a quiet period between 12.30pm and 3pm in the nursery. Its purpose is to promote a period of peace and tranquillity in the nursery. During the quiet time babies are not disturbed except for essential care or treatment. Visiting in the quiet period is for parents only.

What Accommodation is available for Parents?

For Interstate families, Rotary Cottage provides short/long term accommodation. There are 4 rooms: 2 double and 2 single rooms. The availability can be limited as it is shared between the whole hospital and current costs need to be checked when making a booking.

Important phone numbers:

Calvary Hospital Switchboard:

(02) 62016111

Special Care Nursery

(02) 62016036

Calvary Health Care Bruce operates Calvary Hospital, Clare Holland House, and Calvary Private Hospital.

We are owned by Little Company of Mary Health Care, and through that organisation we have access to the best possible practices and contemporary thinking around patient centred care.

We value your experiences and ideas about how we can provide better care.

Please contact our Patient Feedback Co-ordinator on 6201 6484.

Thank you for your support.

CH-0757 (01/14)



SPECIAL CARE NURSERY

Maternity
Department



Where is the Special Care Nursery?

The Special Care Nursery is part of the Maternity Unit at Calvary Health Care, Bruce and is located on Level 3 of the Marian Building.

What is the Special Care Nursery?

It is a Level 2 Nursery and admits babies born at Calvary from 32-34 weeks gestation. We care for babies with:

- Respiratory distress
- Prematurity
- Small for gestational age, and
- Feeding problems.

In some situations, babies needing more intensive care are transferred to Centenary Hospital for Women and Children at The Canberra Hospital (TCH) where there is a Level 3 Neonatal Intensive Care Unit.

The Calvary Nursery is also a step down facility for babies from other hospitals who no longer require higher level care.

Having a baby admitted to the nursery can be a daunting experience for parents and at this time it is sometimes difficult to imagine that your baby will be going home. During the course of your baby's stay in the nursery, the staff will encourage and support you in getting to know your baby. In preparation for going home we provide a rooming-in facility for parents/guardians

Who staffs the Special Care Nursery?

Calvary Health Care Bruce is a training facility for Midwifery and Obstetrics.

The Nursery staff have trained as general Nurses, Midwives or Enrolled Nurses; most hold qualifications in neonatal nursing and all are actively encouraged to be open to the new developments in the care of premature and sick babies. Within the nursery, nurses work as a team to support each other, the doctors and, the parents and families.

Our medical cover is by Paediatricians, who have extensive experience in paediatrics and in the care of babies. The Paediatricians, provide 24-hour cover 7 days a week.

Physiotherapy, Speech Pathology, Support Counselling and an Aboriginal Liaison Officer also form part of the team of health professionals working in the Special Care Nursery.



Mobile Phones

We request all mobile phones to be turned on to silent when entering the Special Care Nursery.

Who can visit the Baby in the Special Care Nursery?

Parents are encouraged to be with their baby as much as possible. Whilst friends and family are keen to meet the new baby, we ask that these visitors be accompanied by a parent/guardian of the baby. Except for siblings, no other children are allowed. Staff have a duty to protect both baby and parent; in terms of visiting this means limiting the number of visitors and therefore the potential for exposure to infection such as coughs or colds.

The best way to protect your baby from infection is to wash your hands!

Parents, guardians, siblings and visitors are asked to wash their hands each time they enter the Special Care Nursery. If parents feel unwell they must ask the nurse/midwife looking after their baby if it is safe for them to visit. Other visitors must not visit the nursery if they are unwell.

Please respect other families' privacy and remain with your own baby while visiting the nursery.