

# Residential Aged Care



Viewhills Manor

Hospitality  
Healing  
Stewardship  
Respect

Continuing the Mission of the Sisters of the Little Company of Mary

# WELCOME TO CALVARY VIEWHILLS MANOR

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Surrounded by beautiful gardens, Viewhills Manor in Endeavour Hills is a charming and peaceful home providing a range of accommodation options with Calvary's signature level of high-quality care.

Our single rooms are modern, light and spacious and all featuring their own private ensuite for the ultimate comfort. We offer permanent and respite accommodation, with friendly, compassionate and expert staff always on hand.

Whether visiting the nearby cafés and shopping centre, joining in the fun of our lifestyle program, or simply taking time out with a good book in our lounge, Viewhills Manor is a place to enjoy your life your way, with support and care from Calvary when you need it.





“As one of the leading not-for-profit healthcare providers in Australia, our mission is to provide quality, responsive and compassionate health, community and aged care services through ‘being for others’.”

Calvary Health Care





# LIFESTYLE



## Community, Entertainment & Education

From cooking and gardening to yoga and bingo, there's always something happening at Viewhills Manor. Our lifestyle program offers a rich and rewarding range of activities designed for the wellbeing of everyone.

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Watch movies in style, enjoy a musical performance or join in a fun singalong.

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With gardens and courtyards aplenty, there are outdoor spaces and fresh air to enjoy at any time.

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Keep your mind healthy and sharp with a range of board games, cards, quizzes and other social activities.

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With local community visits, you'll stay connected to everything you already love about the neighbourhood.

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Brush up on a skill or develop a new passion, with a range of activities on offer such as woodwork or craft.

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Enjoy the convenience of a haircut without leaving home.

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# CARE



## Health, Wellbeing & Safety

Never has proper and safe care been more important than now. At Viewhills Manor, our healthcare professionals follow strict health and safety rules while ensuring that the individual's wellbeing is always at the centre of everything we do.

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Respite, permanent, short stay and convalescence care available

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Aromatherapy, speech therapy, physiotherapy and podiatry

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24/7 nursing care

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Keep your own doctor

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Individualised support and therapy plans

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### COVID safe

We have a Covid-19 Outbreak Management Strategy and are committed to keeping our residents and staff safe.



# FOOD



## Healthy, Hearty & Delicious

We serve a seasonal menu prepared fresh by our chef. Here's just a taste:



## Sample Menu

### BREAKFAST

Continental breakfast spread



Cereals and porridge



Fresh fruits with yoghurt

### LUNCH

Curried chicken with rice



Apple crumble with cream

### DINNER

Minestrone soup



Fried salmon with freshly squeezed lemon and salad



Chocolate brownie with ice cream

# STAY

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Our accommodation, along with a range of indoor and outdoor spaces, provides a welcoming and supportive place to live.

## Cosy, Relaxing & Peaceful

Single rooms with private ensuites

Relaxing day rooms, lounges and dining areas

Private dining room

Beautiful gardens, courtyards, barbecue and outdoor spaces

Library



# STAFF



## Passionate, Professional & Dedicated

Our staff are at the centre of Calvary. We follow the principle that happy staff means happy residents and we are united by our common goal to deliver excellent care, every day.

We are proud that almost everyone who works at Viewhills Manor is a Calvary staff member, including our care, kitchen, maintenance and cleaning staff. This means we have all undergone the rigorous Calvary recruitment process and that we are being frequently trained and educated in our professions.

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Home Manager with a nursing background

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Qualified care staff, guided by our 135 year history in care

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Stringent recruitment process

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Continuous training and education

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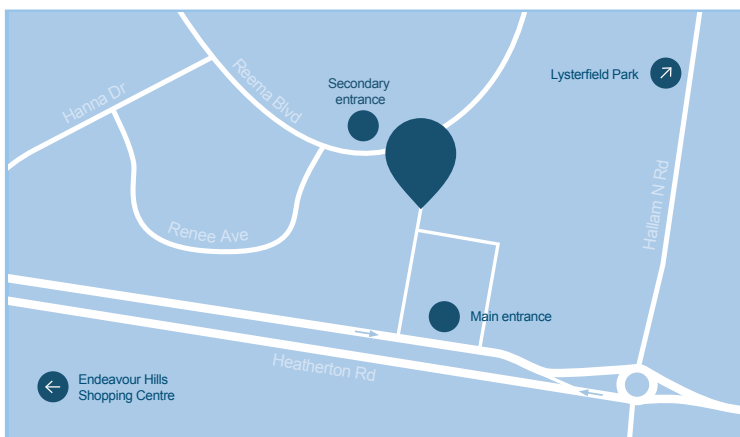
# LOCATION



## Picturesque, Friendly & Accessible

Our home among the hills is perfectly positioned for visiting family and friends.

We are located on Heatherton Road, not far from the M1 and with local shops and parks all close by. Our residents enjoy heading out to local cafés, eateries and the nearby community facilities.



**Dandenong Hospital**  
5.9 km, 10 min drive



**Lysterfield Park Kangaroo  
Watching Area**  
3.3 km, 8 min drive



**Frog Hollow Reserve**  
2.8 km, 4 min drive

# LIVING + JOURNEY



## Individual Care & Wellbeing

We ensure that you are cared for. At Calvary Viewhills Manor, you can enjoy the following aged care services:

### Short-term Respite

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Respite care is ideal for when family and friends need a short break from looking after their loved one, or when an elderly person has left hospital and is not quite ready to return home. Individuals generally stay for a minimum two weeks. Meals, laundry, cleaning and any clinical care required are all provided, and residents are encouraged to take part in the leisure and lifestyle activities available.

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### Residential Aged Care

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Residential aged care is when an individual moves into one of our homes. They have the benefits of 24-hour care, beautiful and homely accommodation, meals and domestic services, and both social and mental stimulation through the leisure and lifestyle activities available. Care is tailored to the individual.

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### Rehabilitation Care

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Rehab care is short-term, supporting older people following a hospital stay. The major goal of rehabilitation is for older people to achieve mobility and self-care with minimal assistance. Our on-site physiotherapist and care coordinator will work together with you to tailor a rehabilitation program that best suits you.

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“At Calvary Assist, we will help you navigate the journey to the care that is most suitable, ranging from respite to residential aged care, dementia care or palliative care.”

Jess Suraci  
Calvary Assist Manager



## Trust, Support & Confidence

Calvary has a long history of supporting our residents as they take the journey into aged care - and we know there's a lot of questions.

That's why in 2019, we created the Calvary Assist team. Formed from our most passionate and caring team members who have a wealth of experience, our dedicated customer service team is here to assist you with every step of your journey. From enquiring about homes in your area to providing assistance and guidance in understanding the aged care journey, our Calvary Assist team is here to help.

Calvary Assist - 1800 52 72 72  
Monday to Friday, 9am-5pm

# ENQUIRE TODAY

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To arrange a complimentary tour, please call us on **1800 52 72 72** or visit **[calvarycare.org.au](http://calvarycare.org.au)**



Founded in 1885 by the Sisters of the Little Company of Mary, Calvary is a charitable, not-for-profit, Catholic health care organisation.

Our mission is to provide quality, responsive and compassionate health, community and aged care services through 'being for others'.

With over 18,000 staff and volunteers, we have a national network of 14 Public and Private Hospitals, 72 Residential Aged Care and Retirement Villages and 19 Community Care service centres.





Calvary would like to thank all residents, family members and staff who helped to create this brochure.

Where images from this home are unavailable, photography from our other homes may be used.

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Calvary Viewhills Manor  
55 Heatherton Road  
Endeavour Hills VIC 3802  
Call 03 9706 2188