

Residential Aged Care



Calvary

Trugo Place

Hospitality
Healing
Stewardship
Respect

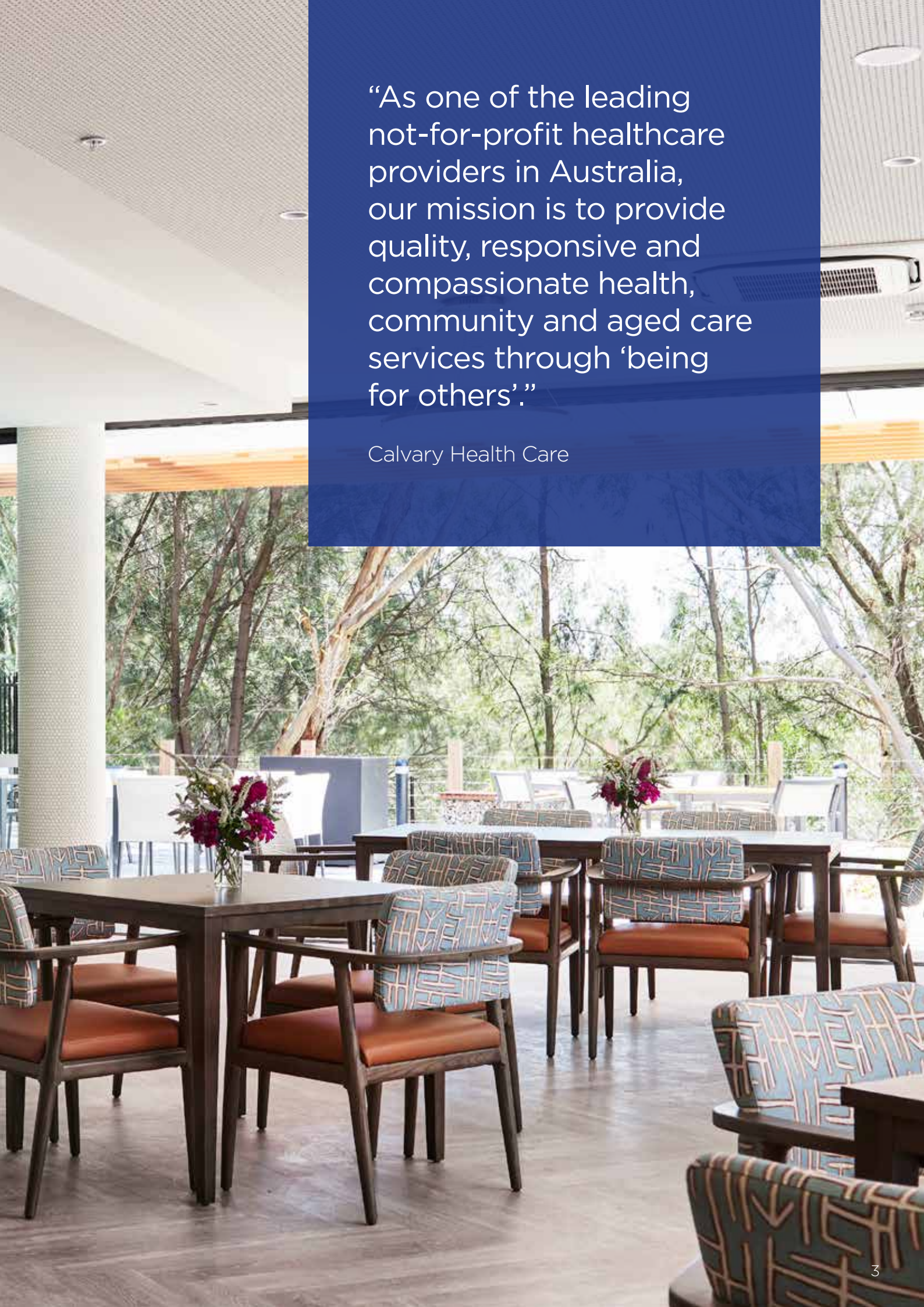
Continuing the Mission of the Sisters of the Little Company of Mary

WELCOME TO CALVARY TRUGO PLACE

Architecturally inspired with state-of-the-art facilities and welcoming, light-filled interiors, Calvary Trugo Place offers the highest standard of comfort and care within a vibrant and engaging local community.

Combining the very best in individual-focused clinical care and lifestyle design, this luxurious new aged care residence sets a new benchmark for contemporary residential aged care, overlooking the tranquil parklands and picturesque waterways of Newport in Melbourne's inner-West.





“As one of the leading not-for-profit healthcare providers in Australia, our mission is to provide quality, responsive and compassionate health, community and aged care services through ‘being for others’.”

Calvary Health Care

LIFESTYLE



Community, Entertainment & Education

From knitting and walking groups to barbecues and bus trips, there's always something happening at Calvary Trugo Place. Our lifestyle program offers a rich and rewarding range of activities designed for the wellbeing of everyone.

Watch movies in style in our cinema room, screening popular favourites and musical classics.

With gardens, courtyards and an onsite Trugo green, there are outdoor spaces and fresh air to enjoy at any time.

Keep your mind healthy and sharp with a range of board games, cards, quizzes and other social activities.

Brush up on a skill or develop a new passion, with a range of activities on offer such as woodwork, dance, arts and crafts.

Our residents practice multiple religions, with church services and bible studies available.

Enjoy the convenience of a haircut without leaving home at our hair and treatment salon.





CARE



Health, Wellbeing & Safety

With round the clock care, the health of body and mind rests in the best of hands. At Calvary Trugo Place, we offer a level of care suited to each resident.

Residential aged care and respite care

24/7 nursing care

GP of your choice

Dedicated bariatric care suites

Palliative care



COVID safe

We have a Covid-19 Outbreak Management Strategy and are committed to keeping our residents and staff safe.

FOOD



Healthy, Hearty & Delicious

We serve a seasonal menu prepared fresh by our chef. Here's just a taste:



Sample Menu

BREAKFAST

Continental breakfast spread



Cereals and porridge



Fresh fruits with yoghurt

LUNCH

Roast rack of lamb with rosemary salt



Apple crumble with cream

DINNER

Creamy mushroom soup with parmesan croutons



Pork chop with herbed mash



Caramel mousse

STAY





Our accommodation provides a welcoming and supportive place to live. Each one of our 120 suites is light, bright and thoughtfully appointed, with high-end finishes, private ensuite and a calm and cosy colour palette.

Cosy, Comfortable & Modern

120 private bedroom suites with private ensuite

Onsite bar to catch up with friends and visitors

Lounge/sitting areas

Hair and treatment salon

Private dining room for functions

Café

On-site gym



STAFF



Passionate, Professional & Dedicated

Our staff are at the centre of Calvary. We follow the principle that happy staff means happy residents and we are united by our common goal to deliver excellent care, every day.

We are proud that almost everyone who works at Trugo Place is a Calvary staff member, including our care, kitchen, maintenance and cleaning staff. This means we have all undergone the rigorous Calvary recruitment process and that we are being frequently trained and educated in our professions.

Home Manager with a nursing background

Qualified care staff, guided by our 135 year history in care

Stringent recruitment process

Continuous training and education

LOCATION

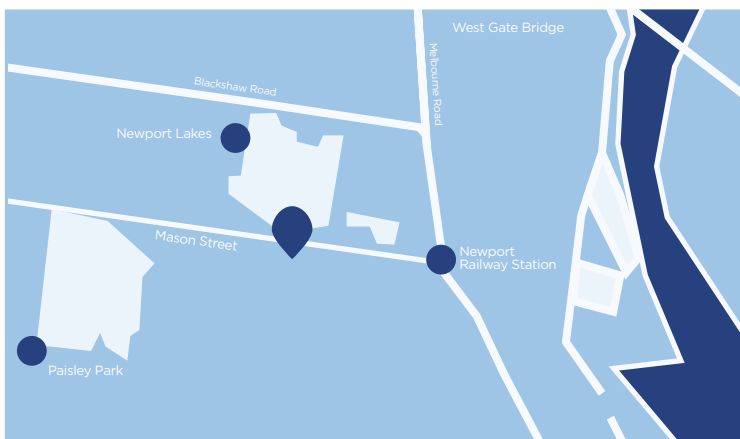


Picturesque, Friendly & Accessible

Calvary Trugo Place is the perfect place to enjoy life in Newborough.

Surrounded by tranquil bushland yet just 15 minutes by train to the CBD and Docklands, Newport is regarded by many as one of the inner-West's best kept secrets. Abounding in lush green parkland and pristine waterways, the local area boasts beautiful beaches, a thriving arts precinct and a rich cultural heritage.

A storied industrial past has evolved into a diverse but close-knit community of young families, professionals and retirees with enormous pride and investment in their local community.



Williamstown Hospital
3.9 km, 7 min drive



Newport Lakes
450 m, 4 min walk



Altona Lakes Public Golf Course
2.7 km, 5 min drive



LIVING + JOURNEY

Individual Care & Wellbeing

We ensure that you are cared for. At Calvary Trugo Place, you can enjoy the following aged care services:

Short-term Respite

Respite care is ideal for when family and friends need a short break from looking after their loved one, or when an elderly person has left hospital and is not quite ready to return home. Individuals generally stay for a minimum two weeks. Meals, laundry, cleaning and any clinical care required are all provided, and residents are encouraged to take part in the leisure and lifestyle activities available.

Residential Aged Care

Residential aged care is when an individual moves into one of our homes. They have the benefits of 24-hour care, beautiful and homely accommodation, meals and domestic services, and both social and mental stimulation through the leisure and lifestyle activities available. Care is tailored to the individual.

Rehabilitation Care

Rehab care is short-term, supporting older people following a hospital stay. The major goal of rehabilitation is for older people to achieve mobility and self-care with minimal assistance. Our on-site physiotherapist and care coordinator will work together with you to tailor a rehabilitation program that best suits you.



“At Calvary Assist, we will help you navigate the journey to the care that is most suitable, ranging from respite to residential aged care, dementia care or palliative care.”

Jess Suraci
Calvary Assist Manager



Trust, Support & Confidence

Calvary has a long history of supporting our residents as they take the journey into aged care - and we know there's a lot of questions.

That's why in 2019, we created the Calvary Assist team. Formed from our most passionate and caring team members who have a wealth of experience, our dedicated customer service team is here to assist you with every step of your journey. From enquiring about homes in your area to providing assistance and guidance in understanding the aged care journey, our Calvary Assist team is here to help.

Calvary Assist - 1800 52 72 72
Monday to Friday, 9am-5pm

ENQUIRE TODAY

To arrange a complimentary tour, please call us on **1800 52 72 72** or visit **calvarycare.org.au**



Founded in 1885 by the Sisters of the Little Company of Mary, Calvary is a charitable, not-for-profit, Catholic health care organisation.

Our mission is to provide quality, responsive and compassionate health, community and aged care services through 'being for others'.

With over 18,000 staff and volunteers, we have a national network of 14 Public and Private Hospitals, 72 Residential Aged Care and Retirement Villages and 19 Community Care service centres.



Calvary would like to thank all residents, family members and staff who helped to create this brochure.

Where images from this home are unavailable, photography from our other homes may be used.

Calvary Trugo Place
120 Mason Street
Newport VIC 3015
Call 03 9119 5500