

Residential Aged Care



Calvary

The Brelsford

Hospitality
Healing
Stewardship
Respect

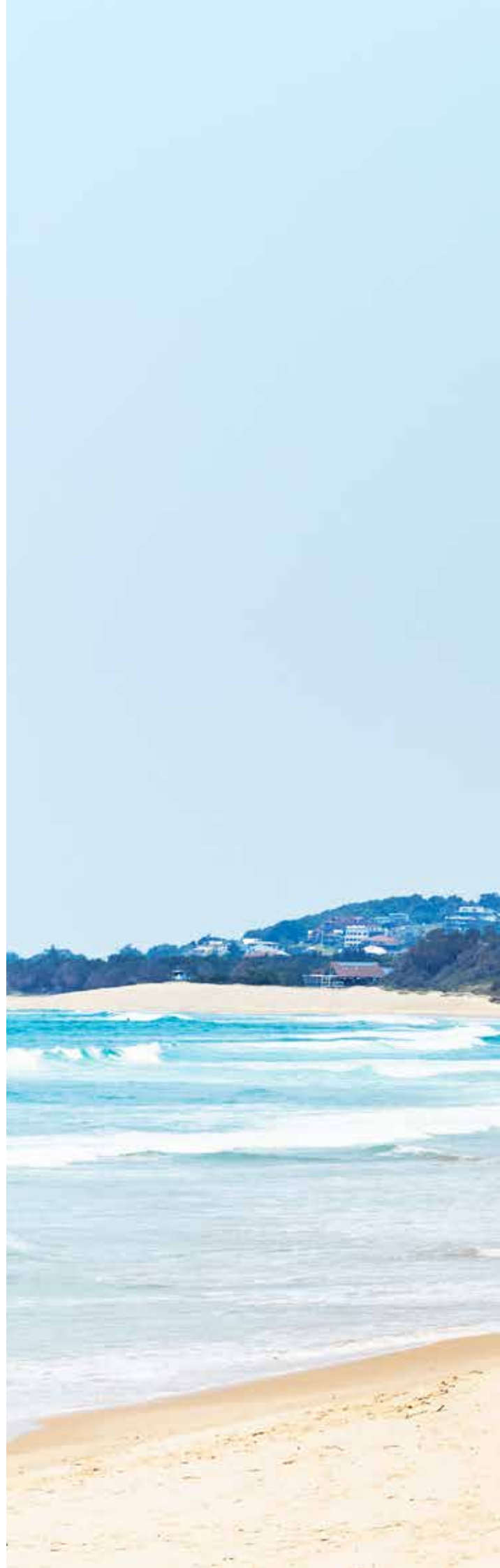
Continuing the Mission of the Sisters of the Little Company of Mary

WELCOME TO CALVARY THE BRELSFORD

The Brelsford is a modern and cosy home, located only minutes from the centre of Coffs Harbour, yet offering spectacular views towards the majestic mountains. Most shops and cafes are only a short stroll away and local buses stop only minutes from the home.

The Brelsford, our proud name, is steeped in local history. Did you know that the original name of Coffs Harbour was once Brelsford Village? For about ten years in the late 19th Century, the 380-acre settlement alongside Coffs Creek was referred to as Brelsford. However, convenience prevailed and the locals simply started using the name of the actual harbour. And here we are, more than a century later, we still call it Coffs Harbour but our name now pays tribute to our town's rich history.

The home has a large variety of accommodation options on offer. We cook our meals fresh on-site, employ local people, and there is always something happening. Our lifestyle team put on a wide variety of activities and everyone is welcomed with open arms from the day they make The Brelsford their new home.



“As one of the leading not-for-profit healthcare providers in Australia, our mission is to provide quality, responsive and compassionate health, community and aged care services through ‘being for others’.”

Calvary Health Care



LIFESTYLE



Community, Entertainment & Education

There's always something happening at The Brelsford. Our lifestyle program offers a rich and rewarding range of activities designed for the wellbeing of everyone.

Enjoy a snack with your friends at our very own café.

Our outdoor spaces and gardens are popular for relaxation and hobby gardening.

Watch movies in our home cinema, enjoy a musical performance or fun singalong.

Enjoy the convenience of a haircut or manicure in our very own hair salon.

Brush up on a skill or develop a new passion, with activities such as karaoke, dance, arts and crafts.



CARE



Health, Wellbeing & Safety

With around the clock care, the health of your body and mind rests in the best of hands. At Calvary, we offer a level of care suited to each resident.

Permanent aged care and respite

Memory Support Unit for people living with dementia

24/7 nursing care

GP of your choice

Individualised support and therapy plans

Speech therapy, physiotherapy, podiatry and pet therapy



COVID safe

We have a Covid-19 Outbreak Management Strategy and are committed to keeping our residents and staff safe.

FOOD



Healthy, Hearty & Delicious

We serve a seasonal menu prepared fresh by our chef. Here's just a taste:



Sample Menu

BREAKFAST

Continental breakfast spread



Cereals and porridge



Fresh fruits with yoghurt

LUNCH

Jasmine rice and mixed vegetables



Lemon mousse with ice cream

DINNER

Hearty tomato basil soup



Fried salmon with freshly squeezed lemon and salad



Cheesecake

STAY





Our accommodation, along with a range of welcoming indoor and outdoor spaces, provides the ideal place to live, with all the benefits of 24-hour care.

Welcoming, Light & Modern

Single and double rooms with ensuites

Lounges and sitting areas

Gardens and courtyards

Dining room

Hair salon

Brain gym

Library

Café

Cinema



STAFF



Passionate, Professional & Dedicated

Our staff are at the centre of Calvary. We follow the principle that happy staff means happy residents and we are united by our common goal to deliver excellent care, every day.

We are proud that almost everyone who works at The Brelsford is a Calvary staff member, including our care, kitchen, maintenance and cleaning staff. This means we have all undergone the rigorous Calvary recruitment process and that we are being frequently trained and educated in our professions.

Home Manager with a nursing background

Qualified care staff, guided by our 135 year history in care

Stringent recruitment process

Continuous training and education

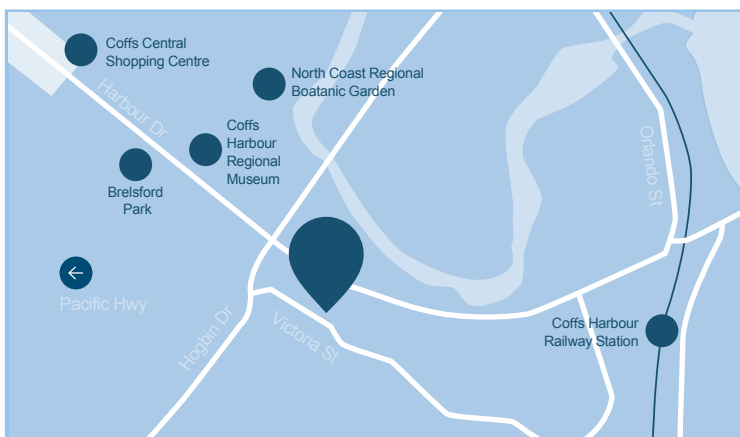
LOCATION



Picturesque, Convenient & Connected

The perfect place to enjoy the best of Coffs Harbour.

The Brelsford is ideally positioned in a quiet residential area, with the bustling town centre and picturesque beaches only a short drive away. Our residents enjoy catching up with visiting friends and family over a cup of coffee in town, taking a walk through one of the many nearby parks, or a day trip along the coast. At Calvary, we welcome your visitors at any time. We also maintain close links with the surrounding community, with regular visits from guests and local groups.



Coffs Harbour Health Campus

4.9 km, 8 min drive



Jetty Beach

1.8 km, 4 min drive



The House of Golf - Coffs Harbour Driving Range

1.4 km, 3 min drive

LIVING + JOURNEY



Individual Care & Wellbeing

We ensure that you are cared for. At Calvary The Brelsford, you can enjoy the following aged care services:

Day Respite

This option gives individuals the benefits of residential care on a short-term basis, either for a day or an overnight stay. Meals and supported care are provided for the duration of the stay, and individuals are invited to participate in the leisure and lifestyle activities available at the home.

Short-term Respite

Respite care is ideal for when family and friends need a short break from looking after their loved one, or when an elderly person has left hospital and is not quite ready to return home. Individuals generally stay for a minimum two weeks. Meals, laundry, cleaning and any clinical care required are all provided, and residents are encouraged to take part in the leisure and lifestyle activities available.

Residential Aged Care

Residential aged care is when an individual moves into one of our homes. They have the benefits of 24-hour care, beautiful and homely accommodation, meals and domestic services, and both social and mental stimulation through the leisure and lifestyle activities available. Care is tailored to the individual.

Rehabilitation Care

Rehab care is short-term, supporting older people following a hospital stay. The major goal of rehabilitation is for older people to achieve mobility and self-care with minimal assistance. Our on-site physiotherapist and care coordinator will work together with you to tailor a rehabilitation program that best suits you.



“At Calvary Assist, we will help you navigate the journey to the care that is most suitable, ranging from respite to residential aged care, dementia care or palliative care.”

Jess Suraci
Calvary Assist Manager



Trust, Support & Confidence

Calvary has a long history of supporting our residents as they take the journey into aged care - and we know there's a lot of questions.

That's why in 2019, we created the Calvary Assist team. Formed from our most passionate and caring team members who have a wealth of experience, our dedicated customer service team is here to assist you with every step of your journey. From enquiring about homes in your area to providing assistance and guidance in understanding the aged care journey, our Calvary Assist team is here to help.

Calvary Assist - 1800 52 72 72
Monday to Friday, 9am-5pm

ENQUIRE TODAY

To arrange a complimentary tour, please call us on **1800 52 72 72** or visit **calvarycare.org.au**



Founded in 1885 by the Sisters of the Little Company of Mary, Calvary is a charitable, not-for-profit, Catholic health care organisation.

Our mission is to provide quality, responsive and compassionate health, community and aged care services through 'being for others'.

With over 18,000 staff and volunteers, we have a national network of 14 Public and Private Hospitals, 72 Residential Aged Care and Retirement Villages and 19 Community Care service centres.



Calvary would like to thank all residents, family members and staff who helped to create this brochure.

Where images from this home are unavailable, photography from our other homes may be used.

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