

# Residential Aged Care



The Homestead

Hospitality  
Healing  
Stewardship  
Respect

Continuing the Mission of the Sisters of the Little Company of Mary

# WELCOME TO THE HOMESTEAD

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The Homestead represents the best of Calvary – where a nurturing, home-like environment meets a high quality of service, an engaging lifestyle program and caring staff always on hand.

Nestled within a quiet residential area and recently refurbished, The Homestead offers a range of spacious single, deluxe and premium rooms, as well as four separate lounge areas, and three courtyards filled with greenery.

Sit back and watch a movie, enjoy dinner from our delicious menu in one of the dining rooms, or step out with visitors to the nearby shops. A life at The Homestead is full of purpose, fulfilment and friendship.







“As one of the leading not-for-profit healthcare providers in Australia, our mission is to provide quality, responsive and compassionate health, community and aged care services through ‘being for others’.”

Calvary Health Care





**LIFESTYLE**



## Community, Entertainment & Education

There's always something happening at The Homestead. Our lifestyle program offers a rich and rewarding range of activities designed for the wellbeing of everyone.

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Watch your favourite film, enjoy a music performance and join in the fun of a singalong.

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With landscaped gardens and secluded courtyards, there are outdoor spaces and fresh air to enjoy at any time.

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Keep your mind healthy and sharp with a range of board games, cards, quizzes and other social activities.

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With local community visits, you'll stay connected to everything you already love about the neighbourhood.

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Brush up on a skill or develop a new passion, with a range of activities on offer such as art and craft.

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Enjoy the convenience of a haircut without leaving home.

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## CARE



## Health, Wellbeing & Safety

With around the clock care, the health of your body and mind rests in the best of hands. At Calvary, we offer a level of care suited to each resident's needs, with highly experienced staff always on call.

Registered nurses onsite 24 hours a day,  
7 days a week

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Respite and permanent care available

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Caring, committed and compassionate staff

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Speech therapy, physiotherapy and podiatry

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Individualised support and therapy plans

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Visits from your own doctor or specialist

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Palliative care

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### COVID safe

We have a Covid-19 Outbreak Management Strategy and are committed to keeping our residents and staff safe.

# FOOD



## Healthy, Hearty & Delicious

Healthy, hearty and delicious.  
We serve a seasonal menu  
prepared fresh by our chef.



## Sample Menu

### BREAKFAST

Enjoy a self-serve  
breakfast buffet or  
enjoy breakfast in  
your room

### LUNCH

Farmhouse beef hot pot



Cinnamon pears with  
custard

### DINNER

Roasted red pepper soup



Roast chicken  
and vegetables



Queens pudding with cream





**STAY**

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Our accommodation, along with a range of welcoming indoor and outdoor spaces, provides the ideal place to live, with all the benefits of 24-hour care. All rooms enjoy peaceful garden views.

## Cosy, Comfortable & Modern

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Single rooms with shared or private ensuites

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Relaxing day rooms and lounges

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Two dining rooms

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Three courtyards

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Private room for functions

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Hairdressing salon

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Spa facilities

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Theatre

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# STAFF



## Passionate, Professional & Dedicated

Our staff are at the centre of Calvary. We follow the principle that happy staff means happy residents and we are united by our common goal to deliver excellent care, every day.

We are proud that almost everyone who works at The Homestead is a Calvary staff member, including our care, kitchen, maintenance and cleaning staff. This means we have all undergone the rigorous Calvary recruitment process and that we are being frequently trained and educated in our professions.

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Home Manager with a nursing background

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Qualified care staff, guided by our 135 year history in care

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Stringent recruitment process

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Continuous training and education

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# LOCATION



## Picturesque, Friendly & Accessible

The Homestead is right at home in Walkley Heights.

The Homestead offers the best of both worlds, with a peaceful residential setting and everything you need close by. We're only a couple of minutes away from the local shops, with five large regional shopping centres also not far away.

Our residents enjoy spending time outdoors in nearby parks and walking trails, as well as heading further afield with a bus stop right outside.

At Calvary, we maintain close links with the surrounding community, with regular visits from guests and local groups. We also welcome visitors at any time for a cup of coffee, or just to spend time with residents in our beautiful courtyards and quiet lounges.



### **Modbury Hospital**

5.3 km, 11 min drive



### **Walkley Heights Walking Trail**

1.2 km, 2 min drive



### **Pooraka Football Club**

2.4 km, 5 min drive

# LIVING + JOURNEY



## Individual Care & Wellbeing

We ensure that you are cared for. At Calvary The Homestead, you can enjoy the following aged care services:

### Short-term Respite

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Respite care is ideal for when family and friends need a short break from looking after their loved one, or when an elderly person has left hospital and is not quite ready to return home. Individuals generally stay for a minimum two weeks. Meals, laundry, cleaning and any clinical care required are all provided, and residents are encouraged to take part in the leisure and lifestyle activities available.

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### Residential Aged Care

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Residential aged care is when an individual moves into one of our homes. They have the benefits of 24-hour care, beautiful and homely accommodation, meals and domestic services, and both social and mental stimulation through the leisure and lifestyle activities available. Care is tailored to the individual.

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### Rehabilitation Care

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Rehab care is short-term, supporting older people following a hospital stay. The major goal of rehabilitation is for older people to achieve mobility and self-care with minimal assistance. Our on-site physiotherapist and care coordinator will work together with you to tailor a rehabilitation program that best suits you.

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“At Calvary Assist, we will help you navigate the journey to the care that is most suitable, ranging from respite to residential aged care, dementia care or palliative care.”

Jess Suraci  
Calvary Assist Manager



## Trust, Support & Confidence

Calvary has a long history of supporting our residents as they take the journey into aged care - and we know there's a lot of questions.

That's why in 2019, we created the Calvary Assist team. Formed from our most passionate and caring team members who have a wealth of experience, our dedicated customer service team is here to assist you with every step of your journey. From enquiring about homes in your area to providing assistance and guidance in understanding the aged care journey, our Calvary Assist team is here to help.

Calvary Assist - 1800 52 72 72  
Monday to Friday, 9am-5pm

# ENQUIRE TODAY

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To arrange a complimentary tour, please call us on **1800 52 72 72** or visit **[calvarycare.org.au](http://calvarycare.org.au)**



Founded in 1885 by the Sisters of the Little Company of Mary, Calvary is a charitable, not-for-profit, Catholic health care organisation.

Our mission is to provide quality, responsive and compassionate health, community and aged care services through 'being for others'.

With over 18,000 staff and volunteers, we have a national network of 14 Public and Private Hospitals, 72 Residential Aged Care and Retirement Villages and 19 Community Care service centres.





Calvary would like to thank all residents, family members and staff who helped to create this brochure.

Where images from this home are unavailable, photography from our other homes may be used.

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