

Residential Aged Care



Brighton-Le-Sands

Hospitality
Healing
Stewardship
Respect

Continuing the Mission of the Sisters of the Little Company of Mary

WELCOME TO CALVARY BRIGHTON- LE-SANDS

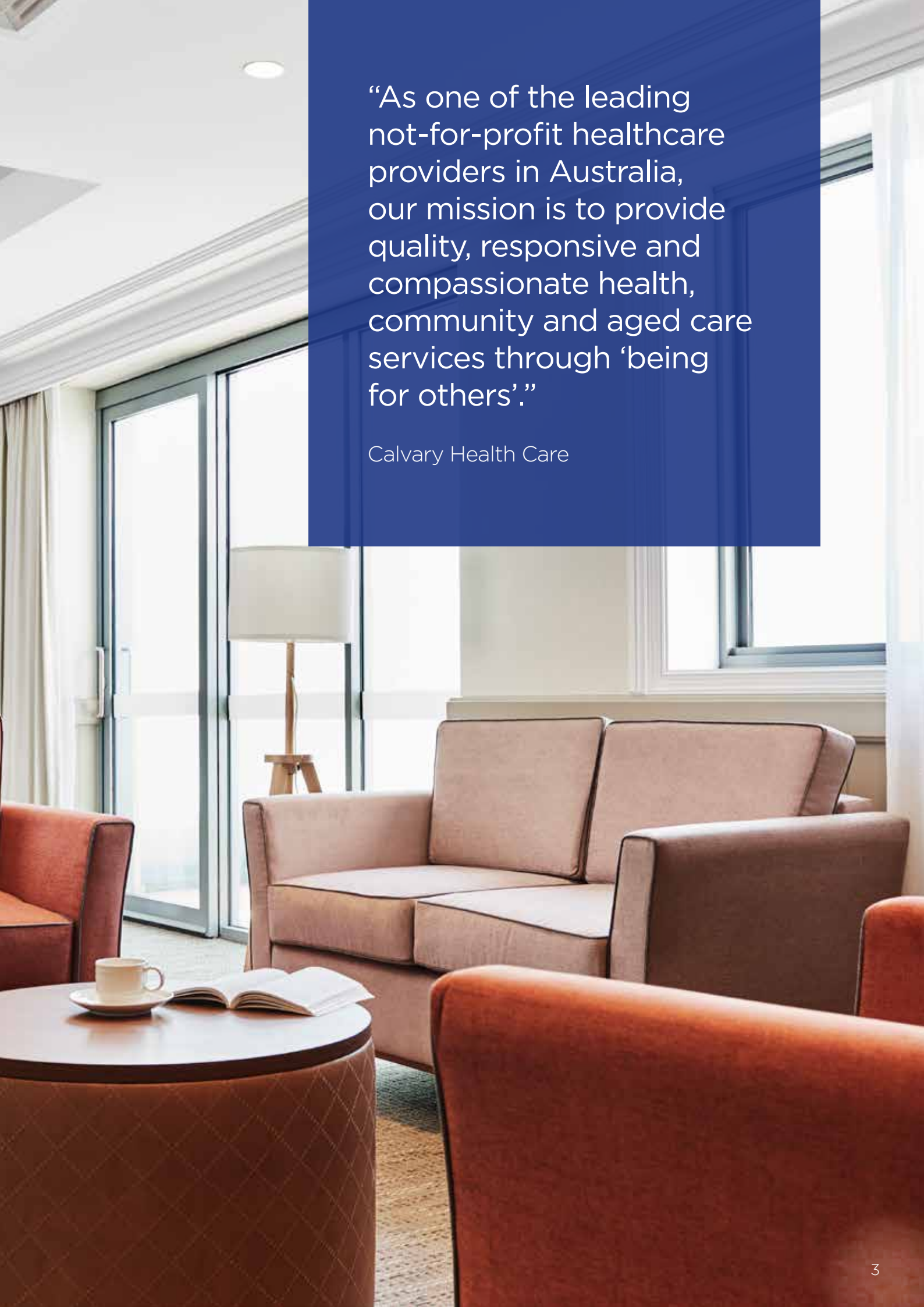
Ideally positioned in a quiet residential area and just moments away from the beach and town centre, Brighton-Le-Sands is a brand new care home from Calvary, designed to deliver a new benchmark of aged care living to the area.

Brighton-Le-Sands provides every modern convenience for residents, with a level of contemporary, hotel-like style.

Living with us means enjoying time with friends in the spacious lounge and gardens, relaxing up on the rooftop terrace with city views, or keeping active in the pool and gym. Settle in to one of our single or companion rooms, each with a private ensuite, or head out to enjoy the friendly seaside community at your door.

You'll also experience the best of care from our compassionate and committed team, with a range of stay options to suit your needs. In every way we want you to enjoy the full quality of life Calvary can offer.





“As one of the leading not-for-profit healthcare providers in Australia, our mission is to provide quality, responsive and compassionate health, community and aged care services through ‘being for others’.”

Calvary Health Care

LIFESTYLE

Community, Entertainment & Education

There's always something happening at Calvary. Our personalised lifestyle options offer a rich and rewarding range of activities designed for the wellbeing of everyone.

Watch your favourite film, enjoy a music performance and join in the fun of a singalong.

With gardens and courtyards, there are outdoor spaces and fresh air to enjoy at any time.

Keep your mind healthy and sharp with a range of board games, cards, quizzes and other social activities.

With local community visits, you'll stay connected to everything you already love about the neighbourhood.

Enjoy the convenience of a haircut right at home, or treat yourself to some quiet time with a massage or an aromatherapy treatment.

Brush up on a skill or develop a new passion, with a range of activities on offer such as woodwork, dance, art and craft.





CARE



Health, Wellbeing & Safety

With around the clock care, the health of your body and mind rests in the best of hands, combining a traditional home-like feel with hotel luxury. We offer a level of care suited to each resident's needs.

Registered nurses onsite 24 hours a day,
7 days a week

Caring, committed and compassionate staff

Individualised support and therapy plans

Visits from your own doctor or specialist

Palliative care options available



COVID safe

We have a Covid-19 Outbreak Management Strategy and are committed to keeping our residents and staff safe.

FOOD



Healthy, Hearty & Delicious

We serve a seasonal menu prepared fresh by our chef. Here's just a taste:



Sample Menu

BREAKFAST

A buffet breakfast spread including cereals, fruits and porridge

LUNCH

Farmhouse beef hot pot

•
Cinnamon pears with custard

DINNER

Hearty scotch broth

•
Roast chicken and vegetables

•
Queens pudding with cream

STAY





Our spacious single and companion room accommodation, along with a range of welcoming indoor and outdoor spaces, provides the ideal place to live, with all the benefits of 24-hour care.

Cosy,
Comfortable
& Modern

Respite, day respite and permanent care available

Private and companion rooms with ensuites

Generous lounges and sitting areas

Buffet style dining room and bar

Courtyards, gardens and rooftop terrace

Café with alfresco dining

Pool and gym

Hairdressing salon



STAFF



Passionate, Professional & Dedicated

Our staff are at the centre of Calvary. We follow the principle that happy staff means happy residents and we are united by our common goal to deliver excellent care, every day.

We are proud that almost everyone who works at Brighton-Le-Sands is a Calvary staff member, including our care, kitchen, maintenance and cleaning staff. This means we have all undergone the rigorous Calvary recruitment process and that we are being frequently trained and educated in our professions.

Home Manager with a nursing background

Qualified care staff, guided by our 135 year history in care

Stringent recruitment process

Continuous training and education

LOCATION



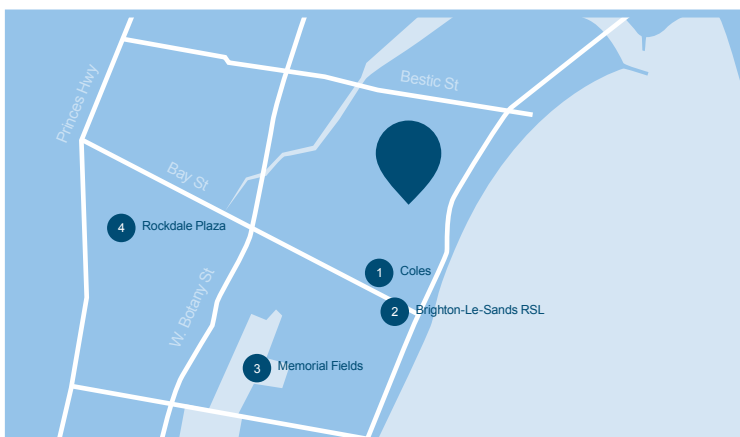
Picturesque, Friendly & Accessible

We're perfectly located to enjoy the best of Botany Bay.

With a bus-stop at the door, you never have to go far to experience the local lifestyle.

Whether visiting the local shops, enjoying a stroll along the foreshore, fishing from the pier or dining out at a restaurant overlooking the water, you're close to everything that makes this beachside suburb such a popular place to live.

At Calvary, we maintain close links with the surrounding community, with regular visits from guests and local groups. We also welcome visiting family and friends at any time.



Brighton-Le-Sands Beach

2.5 km, 5 min drive



McCarthy Reserve

2.1 km, 5 min drive



Price of Wales Hospital

13.1 km, 19 min drive



LIVING + JOURNEY

Individual Care & Wellbeing

We ensure that you are cared for. At Calvary Brighton-Le-Sands, you can enjoy the following aged care services:

Short-term Respite

Respite care is ideal for when family and friends need a short break from looking after their loved one, or when an elderly person has left hospital and is not quite ready to return home. Individuals generally stay for a minimum two weeks. Meals, laundry, cleaning and any clinical care required are all provided, and residents are encouraged to take part in the leisure and lifestyle activities available.

Residential Aged Care

Residential aged care is when an individual moves into one of our homes. They have the benefits of 24-hour care, beautiful and homely accommodation, meals and domestic services, and both social and mental stimulation through the leisure and lifestyle activities available. Care is tailored to the individual.

Rehabilitation Care

Rehab care is short-term, supporting older people following a hospital stay. The major goal of rehabilitation is for older people to achieve mobility and self-care with minimal assistance. Our on-site physiotherapist and care coordinator will work together with you to tailor a rehabilitation program that best suits you.



“At Calvary Assist, we will help you navigate the journey to the care that is most suitable, ranging from respite to residential aged care, dementia care or palliative care.”

Jess Suraci
Calvary Assist Manager



Trust, Support & Confidence

Calvary has a long history of supporting our residents as they take the journey into aged care - and we know there's a lot of questions.

That's why in 2019, we created the Calvary Assist team. Formed from our most passionate and caring team members who have a wealth of experience, our dedicated customer service team is here to assist you with every step of your journey. From enquiring about homes in your area to providing assistance and guidance in understanding the aged care journey, our Calvary Assist team is here to help.

Calvary Assist - 1800 52 72 72
Monday to Friday, 9am-5pm

ENQUIRE TODAY

To arrange a complimentary tour, please call us on **1800 52 72 72** or visit **calvarycare.org.au**



Founded in 1885 by the Sisters of the Little Company of Mary, Calvary is a charitable, not-for-profit, Catholic health care organisation.

Our mission is to provide quality, responsive and compassionate health, community and aged care services through 'being for others'.

With over 18,000 staff and volunteers, we have a national network of 14 Public and Private Hospitals, 72 Residential Aged Care and Retirement Villages and 19 Community Care service centres.



Calvary would like to thank all residents, family members and staff who helped to create this brochure.

Where images from this home are unavailable, photography from our other homes may be used.

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