



At Calvary we understand these can be difficult decisions to make. We encourage you to take time to consider what is important to you or your loved ones when it comes to treatment outcomes. It is vital to talk to your family.

The staff at Calvary are also available to assist you. Please let your doctor or nurse know if you need any support.

Calvary has pastoral care practitioners and social workers who can further discuss your needs. Your nurse can arrange these services at your request.

ENGLISH If you need interpreting help, telephone:
 ARABIC إذا احتجت للمساعدة بالترجمة الشفوية، اتصل بالهاتف:
 CHINESE 如果您需要口译员帮助，请拨电话:
 CROATIAN Ako trebate pomoć tumača telefonirajte:
 DARI اگر بہ کمک ترجمہ شفاهی ضرورت دارید، بہ این شماره ٹیلفون کنید:
 GREEK Αν χρειάζεστε διαμεγμένη τηλεφωνήστε στο:
 ITALIAN Se avete bisogno di un interprete, telefonate al numero:
 LAO ຖ້າ ທ່ານຕ້ອງການບໍລິການປຶກສາແຕ່ງຄຳ ໃຫ້ໂທ: 131450
 MALTESE Jekk għandek bżonn l-għajtna f'interpret, iccempel:
 PERSIAN اگر به ترجمه شفاهی احتیاج دارید به این شماره تلفن کنید:
 RUSSIAN Если вам нужна помощь переводчика, звоните по телефону:
 SPANISH Si necesita la asistencia de un intérprete, llame al:
 VIETNAMESE Nếu bạn cần một người thông ngôn hãy gọi điện thoại:

Translating and Interpreting Service
131 450

Canberra and District - 24 hours a day,
 seven days a week



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 Patient Information Publication

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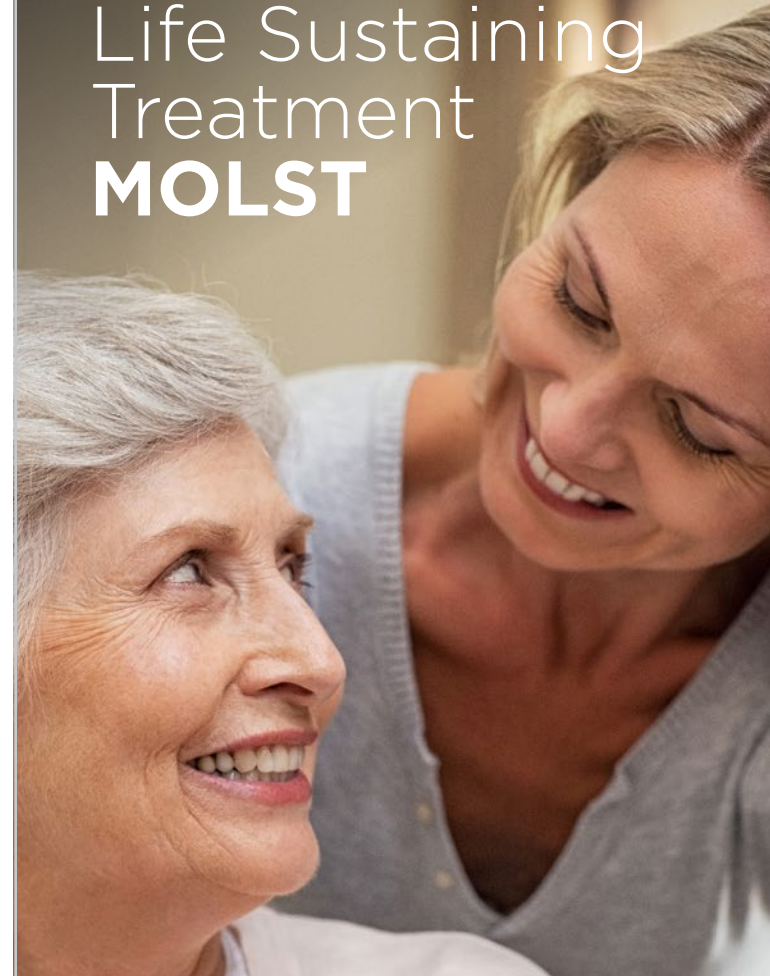
About Calvary

Founded by the Sisters of the Little Company of Mary, Calvary is a charitable, Catholic health care organisation operating in six of Australia's States and Territories with 12,000 staff and volunteers. We have a special concern for those most vulnerable and those reaching the end of their life. For over 130 years Calvary has provided health, aged and community care in a range of settings, including public and private hospitals, residential aged care and the community.

Hospitality | Healing | Stewardship | Respect

CAL1371_CJH

Medical Orders For Life Sustaining Treatment **MOLST**



Calvary

John James Hospital

Continuing the Mission of the Sisters of the Little Company of Mary

The MOLST is a component of Advance Care Planning. It provides specific guidelines for your medical treatment. Importantly, it is completed as part of a conversation about your goals and wishes for care.

Your Care at Calvary

Staff at Calvary John James Hospital aim to ensure patients are always treated in accordance with their wishes.

To decide on treatment, it is important to have full understanding of your illness or condition and what is important to you in terms of treatment outcomes. Your doctor will discuss your Goals of Care with you as a means to assist you in this regard.

If you are very ill or have a serious medical condition, certain specific treatments may become relevant. Your doctor will explain these and ask you to make some choices to inform Medical Orders for Life Sustaining Treatment (MOLST). The MOLST provides a description of treatment options for you to consider and discuss with your family. Your doctor will answer any questions you may have. Pastoral care and social work is available for you and your family.

Patients with an Advanced Care Plan completed prior to admission, will have their wishes transcribed on to the MOLST, following discussion with your doctor. Advanced Care Planning helps to ensure your preferences, beliefs and values about your health care are known and respected. Your Advanced Care Plan may also help relieve your families anxiety and stress if your health condition deteriorates.

You will be provided with high level nursing care, and symptom relief at all times no matter which plan of care you choose.

Calvary supports our patients' wishes to donate their organs for either transplantation or research. The MOLST ensures that all staff caring for you at Calvary are aware of your care wishes. They can also review your care wishes with you or your substitute decision maker if your condition changes.

MOLST

The MOLST follows the steps below and is reviewed on every admission and/or when required:

Decision A

For a person in cardiac or respiratory arrest a decision is made whether to attempt resuscitation or accept natural dying.

Decision B

Discussion of limited use of life sustaining treatment. Options include:

1. Use all treatments to prolong life including invasive emergency treatment.
2. Use limited life sustaining interventions. This would not normally include admission to the Intensive Care Unit.
3. Allow natural dying. Use comfort measures including all measures to relieve distressing symptoms including pain and agitation.

Decision C

Decisions are made concerning whether to use antibiotics.

Decision D

Decisions are made concerning the use of artificial nutrition and/or hydration.



Enduring Power of Attorney

Your Enduring Power of Attorney (EPOA) has legal power that allows your chosen person to make decisions on your behalf only if you are unable to. It is important to understand your EPOA will only be asked about your wishes if you are unable to make those decisions due to your illness.

If you do not have an EPOA you may consider choosing a suitable person to undertake this role for you. The legal forms to formally document your EPOA can be obtained at:

The Public Trustee and Guardian of the ACT

www.ptg.act.gov.au/resources

OR

the form can be provided by a Calvary social worker.

In the absence of an EPOA, staff at Calvary will aim to treat you in accordance with your family's wishes whenever possible.

It is important to understand that without an EPOA, family requests in regard to your care are not legally binding.