

# Residential Aged Care



**Calvary**

Strzelecki House

Hospitality  
Healing  
Stewardship  
Respect

Continuing the Mission of the Sisters of the Little Company of Mary

# WELCOME TO CALVARY STRZELECKI HOUSE

---

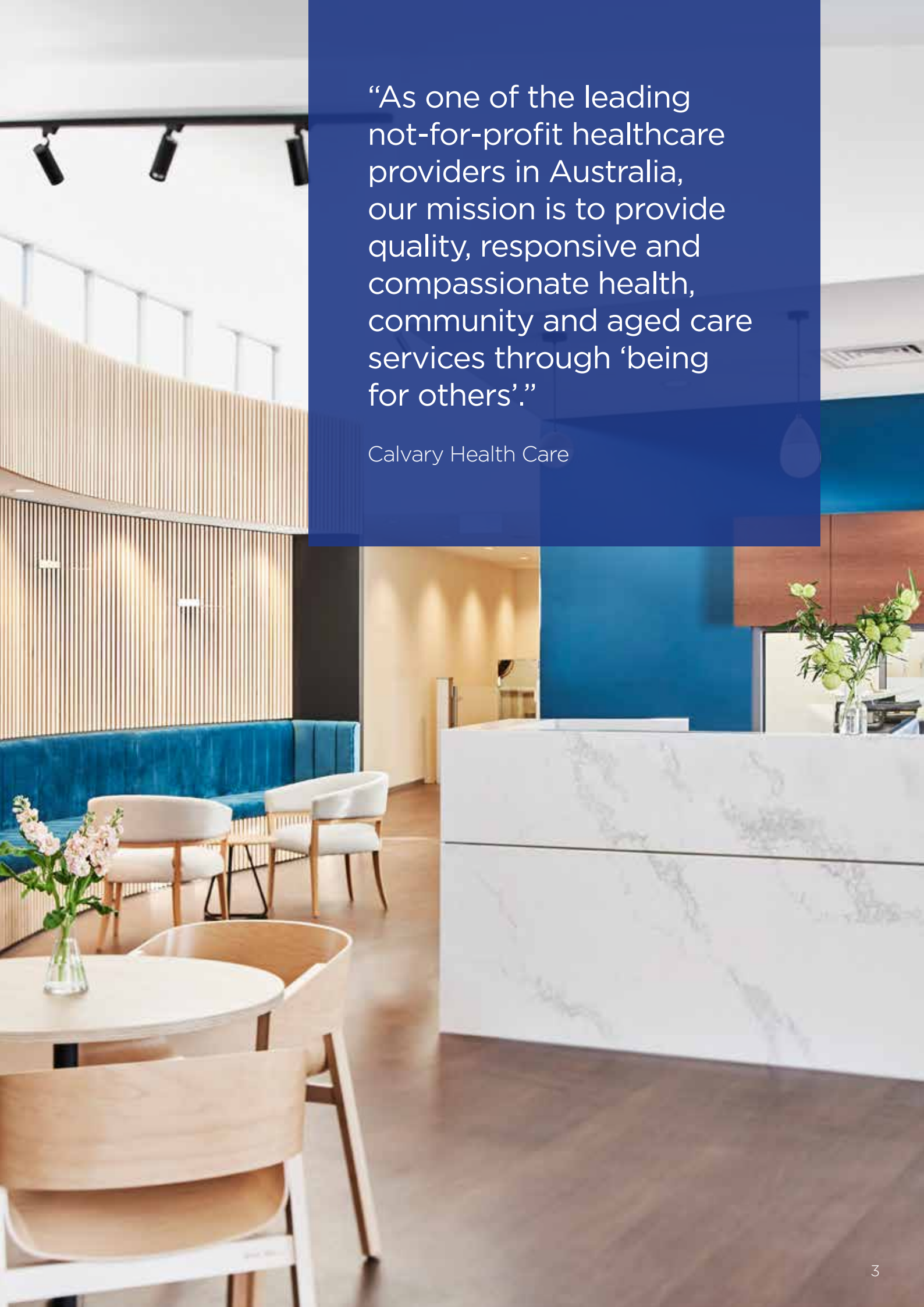
Nestled in the Strzelecki Ranges of South Gippsland, Strzelecki House is a boutique country home offering a life of peace and quiet, yet also just a stone's throw from the delights of the historic township.

Comprising a range of relaxing lounges and outdoor spaces, along with facilities such as a cinema for in-house movie nights and our home bus for outings, everything at Strzelecki House has been carefully considered to ensure our residents can enjoy a rich and rewarding lifestyle.

There's a variety of accommodation options to choose from. Our companion rooms are perfect for couples and those who prefer some company, whilst our single rooms with private ensuites offer complete comfort and personal space.

With our renowned first-class quality care and our engaging lifestyle programs, at Strzelecki House you'll receive the support and enrichment you need to live life as an individual.



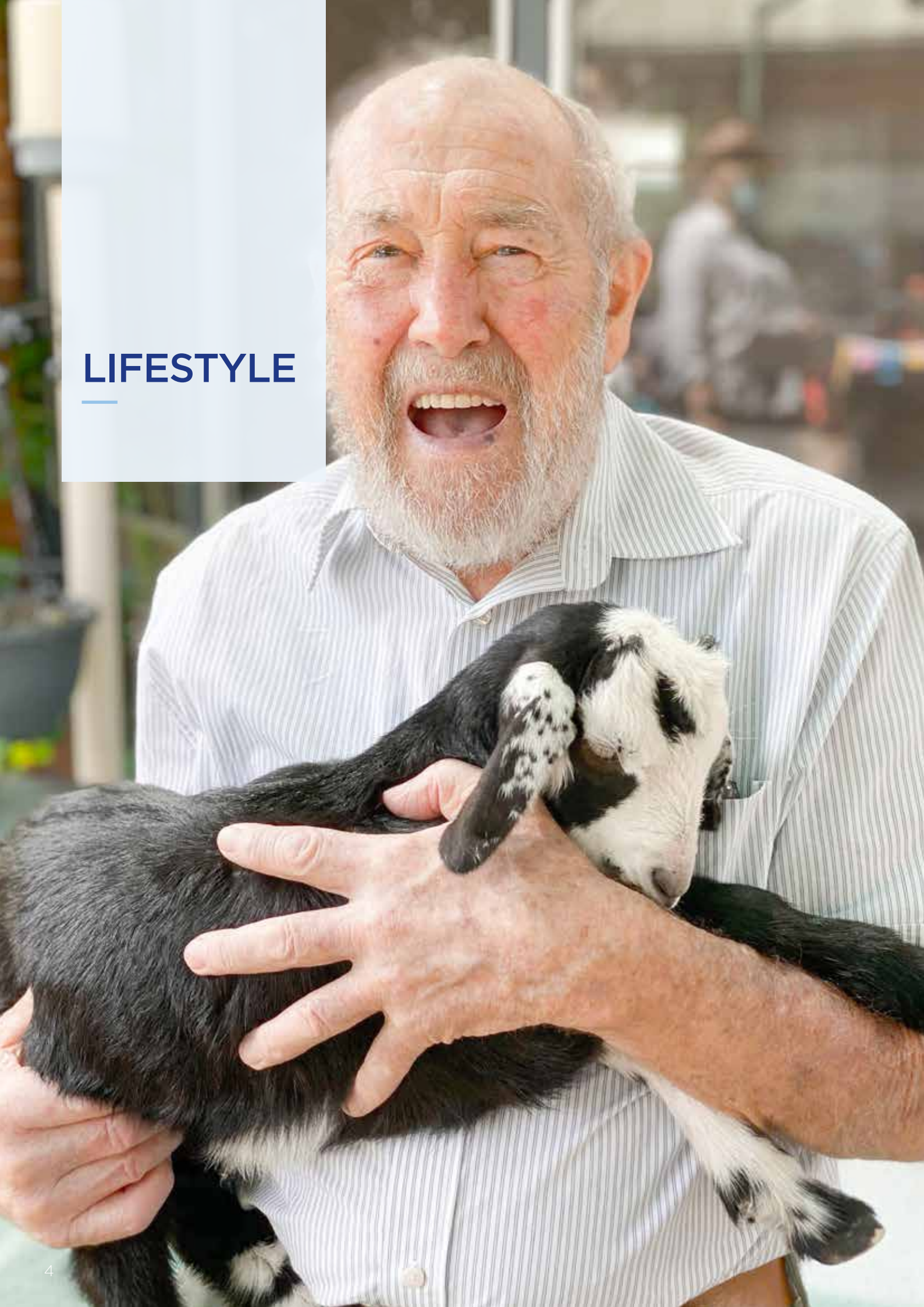


“As one of the leading not-for-profit healthcare providers in Australia, our mission is to provide quality, responsive and compassionate health, community and aged care services through ‘being for others’.”

Calvary Health Care

# LIFESTYLE

---



## Community, Entertainment & Education

From excursions to in-house activities, there's always something happening at Strzelecki House. Our lifestyle program offers a varied and exciting range of activities which are tailored to the individual.

---

Watch movies in style, enjoy a musical performance or join in with a fun singalong.

---

Take in some fresh air or soak up some sun in the courtyards.

---

Keep your mind healthy and sharp with a range of board games, cards, quizzes and other social activities.

---

Enjoy the convenience of a haircut or manicure without leaving home.

---

Have a go on our Tovertafel, a state-of-the-art interactive projector system designed for those living with dementia.

---

With local community visits, you'll stay connected to everything you already love about the neighbourhood.

---





# CARE



## Health, Wellbeing & Safety

With round the clock care, the health of your body and mind rests in the best of hands. At Calvary, we offer a level of care suited to each resident's needs.

---

Permanent aged care and respite

---

Dementia-friendly environment

---

24/7 nursing care

---

Keep your own doctor

---

Aromatherapy, speech therapy, physiotherapy, podiatry and pet therapy

---



### COVID safe

We have a Covid-19 Outbreak Management Strategy and are committed to keeping our residents and staff safe.

# FOOD



## Healthy, Hearty & Delicious

We serve a seasonal menu prepared fresh by our chef. Here's just a taste:



## Sample Menu

### BREAKFAST

Freshly cooked hot breakfast



Continental spread including cereals



Fresh fruits and porridge

### LUNCH

Farmhouse beef hot pot



Cinnamon pears with custard

### DINNER

Creamy mushroom soup



Roast chicken and vegetables



Queens pudding with cream

**STAY**

---







Our accommodation, along with a range of indoor and outdoor spaces, provides a welcoming and supportive place to live. Our generously-appointed private rooms are ideal for privacy, while our companion rooms are the perfect option for couples who would like to live together while receiving the benefits of 24-hour care.

## Homely, Spacious & Modern

---

Private or companion rooms available, all with ensuites

---

Relaxing day rooms, lounges and dining areas

---

Beautiful gardens and courtyard

---

Cinema

---

Activity area

---



# STAFF



## Passionate, Professional & Dedicated

Our staff are at the centre of Calvary. We follow the principle that happy staff means happy residents and we are united by our common goal to deliver excellent care, every day.

We are proud that almost everyone who works at Strzelecki House is a Calvary staff member, including our care, kitchen, maintenance and cleaning staff. This means we have all undergone the rigorous Calvary recruitment process and that we are being frequently trained and educated in our professions.

---

Home Manager with a nursing background

---

Qualified care staff, guided by our 135 year history in care

---

Stringent recruitment process

---

Continuous training and education

---

# LOCATION



## Picturesque, Friendly & Accessible

A home amongst the gum trees in Mirboo North, surrounded by natural beauty and complemented by an array of cultural and historical delights.

We're well positioned to enjoy days out with family and friends, enjoying the stunning local scenery and, because we believe in maintaining close links with our community, we also enjoy regular excursions and visits from guests and local organisations.



**Gippsland Southern Health Service - Leongatha Hospital**  
26.5 km, 22 min drive



**Mirboo North Bowling Club**  
900 m, 2 min drive



**Mirboo North Recreation Reserve**  
1.1 km, 3 min drive

# LIVING + JOURNEY



## Individual Care & Wellbeing

We ensure that you are cared for. At Calvary Strzelecki House, you can enjoy the following aged care services:

### Short-term Respite

Respite care is ideal for when family and friends need a short break from looking after their loved one, or when an elderly person has left hospital and is not quite ready to return home. Individuals generally stay for a minimum two weeks. Meals, laundry, cleaning and any clinical care required are all provided, and residents are encouraged to take part in the leisure and lifestyle activities available.

### Residential Aged Care

Residential aged care is when an individual moves into one of our homes. They have the benefits of 24-hour care, beautiful and homely accommodation, meals and domestic services, and both social and mental stimulation through the leisure and lifestyle activities available. Care is tailored to the individual.

### Rehabilitation Care

Rehab care is short-term, supporting older people following a hospital stay. The major goal of rehabilitation is for older people to achieve mobility and self-care with minimal assistance. Our on-site physiotherapist and care coordinator will work together with you to tailor a rehabilitation program that best suits you.



“At Calvary Assist, we will help you navigate the journey to the care that is most suitable, ranging from respite to residential aged care, dementia care or palliative care.”

Jess Suraci  
Calvary Assist Manager



## Trust, Support & Confidence

Calvary has a long history of supporting our residents as they take the journey into aged care - and we know there's a lot of questions.

That's why in 2019, we created the Calvary Assist team. Formed from our most passionate and caring team members who have a wealth of experience, our dedicated customer service team is here to assist you with every step of your journey. From enquiring about homes in your area to providing assistance and guidance in understanding the aged care journey, our Calvary Assist team is here to help.

Calvary Assist - 1800 52 72 72  
Monday to Friday, 9am-5pm

# ENQUIRE TODAY

---

To arrange a complimentary tour, please call us on **1800 52 72 72** or visit **[calvarycare.org.au](http://calvarycare.org.au)**



Founded in 1885 by the Sisters of the Little Company of Mary, Calvary is a charitable, not-for-profit, Catholic health care organisation.

Our mission is to provide quality, responsive and compassionate health, community and aged care services through 'being for others'.

With over 18,000 staff and volunteers, we have a national network of 14 Public and Private Hospitals, 72 Residential Aged Care and Retirement Villages and 19 Community Care service centres.



Calvary would like to thank all residents, family members and staff who helped to create this brochure.

Where images from this home are unavailable, photography from our other homes may be used.

---

Calvary Strzelecki House  
27 Giles Street  
Mirboo North VIC 3871  
Call 03 5667 9100