

# Residential Aged Care



**Calvary**

Sandhill

Hospitality  
Healing  
Stewardship  
Respect

Continuing the Mission of the Sisters of the Little Company of Mary

# WELCOME TO CALVARY SANDHILL

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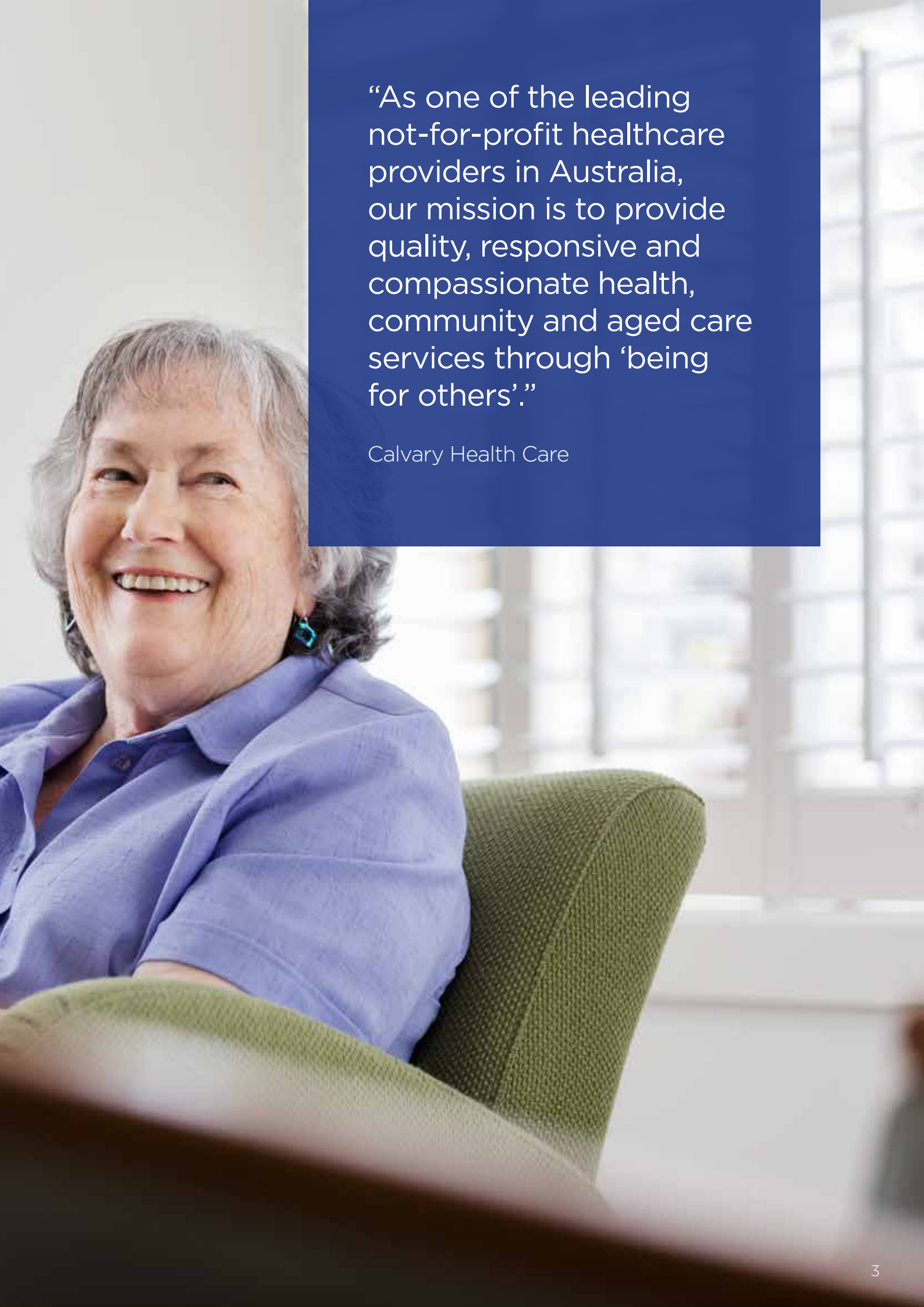
Enjoying spectacular views over the city and the mountains, Sandhill is nestled in picturesque and tranquil South Launceston. Set on a hill overlooking the city in generous park-like surrounds, Sandhill is one of Tasmania's largest residential aged care facilities, and proudly offers Calvary's renowned first-class quality of care.

Comprising a range of relaxing lounges and gardens, all with stunning outlooks, as well as a café open to the residents and visitors, everything at Sandhill has been carefully designed to be a welcoming place.

Just an 8-minute drive from the city centre, living here means staying connected to your local community.

With a range of accommodation options, all with private ensuites, residents can choose privacy, or enjoy companionship with a loved one. The quality of our accommodation is matched by our engaging lifestyle program, for a complete and enriching experience every day.





“As one of the leading not-for-profit healthcare providers in Australia, our mission is to provide quality, responsive and compassionate health, community and aged care services through ‘being for others’.”

Calvary Health Care

# LIFESTYLE



## Community, Entertainment & Education

From a men's group to community activities, there's always something happening at Sandhill. Our lifestyle program offers a rich and rewarding range of choices, activities and events, and is driven by our residents' input.

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Watch your favourite film, enjoy a music performance and join in the fun of a singalong.

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With beautiful expansive gardens and courtyards, there are outdoor spaces and fresh air to enjoy at any time.

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Keep your mind healthy and sharp with a range of board games, cards, quizzes and other social activities.

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With local community visits, you'll stay connected to everything you already love about the neighbourhood.

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Brush up on a skill or develop a new passion, with a range of activities on offer such as woodwork, dance, art and craft.

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Enjoy the convenience of a haircut or manicure without leaving home.

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# CARE



## Health, Wellbeing & Safety

With around the clock care, the health of your body and mind rests in the best of hands. At Calvary, we offer a level of care suited to each resident's needs, including chronic disease management, palliative care, and highly experienced staff for those living with dementia.

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Registered nurses onsite 24 hours a day, 7 days a week

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Respite, permanent and short stay care available

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Caring, committed and compassionate staff

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Specialised support for those living with dementia

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Aromatherapy, speech therapy, physiotherapy and podiatry

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Individualised support and therapy plans

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Visits from your own doctor or specialist

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Palliative care

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### COVID safe

We have a Covid-19 Outbreak Management Strategy and are committed to keeping our residents and staff safe.

# FOOD



## Healthy, Hearty & Delicious

We serve a seasonal menu prepared fresh by our chef. Here's just a taste:



## Sample Menu

### BREAKFAST

Continental breakfast spread



Cereals and porridge



Fresh fruits with yoghurt

### LUNCH

Farmhouse beef hot pot



Cinnamon pears with custard

### DINNER

Hearty scotch broth



Roast chicken and vegetables



Queens pudding with cream

STAY

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Our accommodation, along with a range of indoor and outdoor spaces, provides a welcoming and supportive place to live. Our generously-appointed private rooms are ideal for privacy, while our shared rooms are the perfect option for couples who would like to live together while receiving the benefits of 24-hour care.

## Cosy, Comfortable & Modern

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Private and shared rooms available, all with private ensuites

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Relaxing day rooms, lounges and dining areas with spectacular views

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Beautiful gardens and courtyards

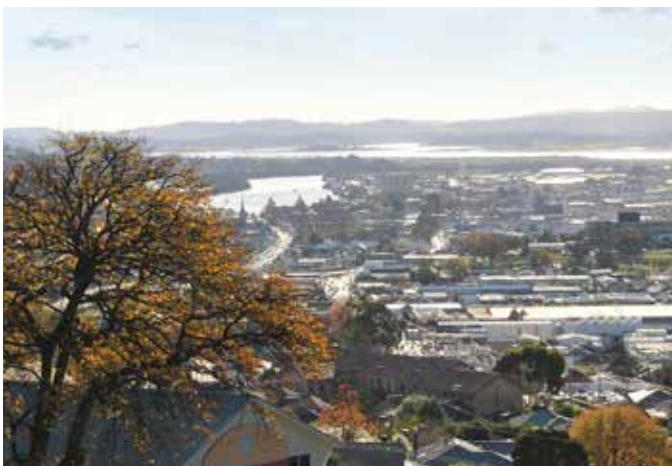
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Religious services

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Café open to residents and visitors

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# STAFF



## Passionate, Professional & Dedicated

Our staff are at the centre of Calvary. We follow the principle that happy staff means happy residents and we are united by our common goal to deliver excellent care, every day.

We are proud that almost everyone who works at Sandhill is a Calvary staff member, including our care, kitchen, maintenance and cleaning staff. This means we have all undergone the rigorous Calvary recruitment process and that we are being frequently trained and educated in our professions.

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Home Manager with a nursing background

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Qualified care staff, guided by our 135 year history in care

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Stringent recruitment process

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Continuous training and education

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# LOCATION



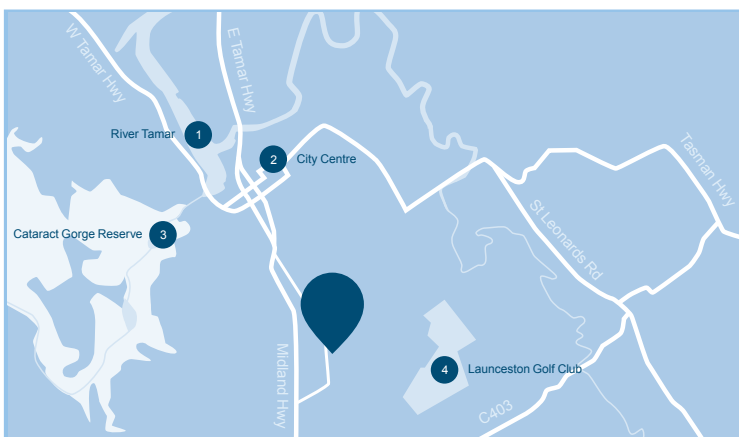
## Picturesque, Friendly & Accessible

### An elevated position.

Sandhill is ideally located just an 8-minute drive from the centre of Launceston. We're also well positioned to enjoy days out to nearby wineries or bushland with visiting family and friends. With stunning Cataract Gorge and the Tamar Valley within easy reach, there's always plenty to see and do.

With such beautiful views from both our indoor and outdoor spaces, our residents are happy to soak in the tranquil atmosphere at home, or enjoy the local area, including visits to City Park, local shopping precincts, cafes and restaurants.

We arrange regular group and individual outings, and because we believe in maintaining close links with our community, we also enjoy regular visits from guests and local organisations.



**Launceston General Hospital**

2.4 km, 6 min drive



**Coronation Park**

1.7 km, 4 min drive



**Launceston Golf Club**

2.5 km, 7 min drive

# LIVING + JOURNEY



## Individual Care & Wellbeing

We ensure that you are cared for. At Calvary Sandhill, you can enjoy the following aged care services:

### Short-term Respite

Respite care is ideal for when family and friends need a short break from looking after their loved one, or when an elderly person has left hospital and is not quite ready to return home. Individuals generally stay for a minimum two weeks. Meals, laundry, cleaning and any clinical care required are all provided, and residents are encouraged to take part in the leisure and lifestyle activities available.

### Residential Aged Care

Residential aged care is when an individual moves into one of our homes. They have the benefits of 24-hour care, beautiful and homely accommodation, meals and domestic services, and both social and mental stimulation through the leisure and lifestyle activities available. Care is tailored to the individual.

### Rehabilitation Care

Rehab care is short-term, supporting older people following a hospital stay. The major goal of rehabilitation is for older people to achieve mobility and self-care with minimal assistance. Our on-site physiotherapist and care coordinator will work together with you to tailor a rehabilitation program that best suits you.



“At Calvary Assist, we will help you navigate the journey to the care that is most suitable, ranging from respite to residential aged care, dementia care or palliative care.”

Jess Suraci  
Calvary Assist Manager



## Trust, Support & Confidence

Calvary has a long history of supporting our residents as they take the journey into aged care - and we know there's a lot of questions.

That's why in 2019, we created the Calvary Assist team. Formed from our most passionate and caring team members who have a wealth of experience, our dedicated customer service team is here to assist you with every step of your journey. From enquiring about homes in your area to providing assistance and guidance in understanding the aged care journey, our Calvary Assist team is here to help.

Calvary Assist - 1800 52 72 72  
Monday to Friday, 9am-5pm

# ENQUIRE TODAY

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To arrange a complimentary tour, please call us on **1800 52 72 72** or visit **[calvarycare.org.au](http://calvarycare.org.au)**



Founded in 1885 by the Sisters of the Little Company of Mary, Calvary is a charitable, not-for-profit, Catholic health care organisation.

Our mission is to provide quality, responsive and compassionate health, community and aged care services through 'being for others'.

With over 18,000 staff and volunteers, we have a national network of 14 Public and Private Hospitals, 72 Residential Aged Care and Retirement Villages and 19 Community Care service centres.



Calvary would like to thank all residents, family members and staff who helped to create this brochure.

Where images from this home are unavailable, photography from our other homes may be used.

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