

Residential Aged Care



Calvary

Oaklands

Hospitality
Healing
Stewardship
Respect

Continuing the Mission of the Sisters of the Little Company of Mary

WELCOME TO CALVARY OAKLANDS

Located in the southern suburb of Oaklands Park, we're perfectly positioned close to both Marion Shopping Centre and the Oaklands Park interchange. At Oaklands we want you to enjoy the best quality of life which Calvary can offer.

With central lounges and a selection of quaint, sunny and relaxing sitting areas, there's a perfect space for everyone to enjoy. Complete with a hairdressing salon, everything at Oaklands has been carefully designed for your comfort and convenience.

A diverse and engaging lifestyle program is in place to support interaction and includes special events such as Christmas in July for family and friends. Enjoy a relaxed pace of life, and superior comfort with spacious, thoughtfully designed single and companion rooms.



“As one of the leading not-for-profit healthcare providers in Australia, our mission is to provide quality, responsive and compassionate health, community and aged care services through ‘being for others’.”

Calvary Health Care





LIFESTYLE



Community, Entertainment & Education

From bingo to bus trips, there's always something happening at Oaklands. Our lifestyle program offers a rich and rewarding range of activities designed for the wellbeing of everyone.

Watch your favourite film, enjoy a music performance and join in the fun of a singalong.

With beautiful gardens and courtyards, there are outdoor spaces and fresh air to enjoy at any time.

Keep your mind healthy and sharp with a range of board games, cards, quizzes and other social activities.

With local community visits and outreach such as blanket and quilt donation to The Salvation Army, you'll stay connected to your neighbourhood.

Brush up on a skill or develop a new passion, with a range of activities on offer such as art, craft and dance.

Enjoy the convenience of a haircut or a manicure without leaving home.





CARE



Health, Wellbeing & Safety

With around the clock care, the health of your body and mind rests in the best of hands. At Calvary, we offer a level of care suited to each resident's needs, including a specialised area with highly experienced staff for those living with dementia.

Registered nurses onsite 24 hours a day, 7 days a week

Respite, permanent and short stay care available

Caring, committed and compassionate staff

Specialised area for those living with dementia

Aromatherapy, speech therapy, physiotherapy and reflexology

Individualised support and therapy plans

Visits from your own doctor or specialist

Palliative care



COVID safe

We have a Covid-19 Outbreak Management Strategy and are committed to keeping our residents and staff safe.

FOOD



Healthy, Hearty & Delicious

We serve a seasonal menu prepared fresh by our chef. Here's just a taste:



Sample Menu

BREAKFAST

A la carte breakfast spread



Cereals and porridge



Fresh fruits with yoghurt

LUNCH

Farmhouse beef hot pot



Cinnamon pears with custard

DINNER

Hearty scotch broth



Fragrant chickpea curry



Pavlova with berries

STAY





Our accommodation, along with a range of indoor and outdoor spaces, provides a welcoming and supportive place to live. Our generously-appointed private rooms are ideal for privacy, while our shared room is the perfect option for a couple who would like to live together while receiving the benefits of 24-hour care.

Cosy, Comfortable & Modern

Private rooms with ensuites

Private and shared rooms with shared bathrooms

Relaxing day rooms, lounges and dining areas

Sunny lounge areas

Beautiful gardens, courtyards and outdoor spaces

Hairdressing salon

Library

Exercise rooms



STAFF



Passionate, Professional & Dedicated

Our staff are at the centre of Calvary. We follow the principle that happy staff means happy residents and we are united by our common goal to deliver excellent care, every day.

We are proud that almost everyone who works at Oaklands is a Calvary staff member, including our care, kitchen, maintenance and cleaning staff. This means we have all undergone the rigorous Calvary recruitment process and that we are being frequently trained and educated in our professions.

Home Manager with a nursing background

Qualified care staff, guided by our 135 year history in care

Stringent recruitment process

Continuous training and education

LOCATION



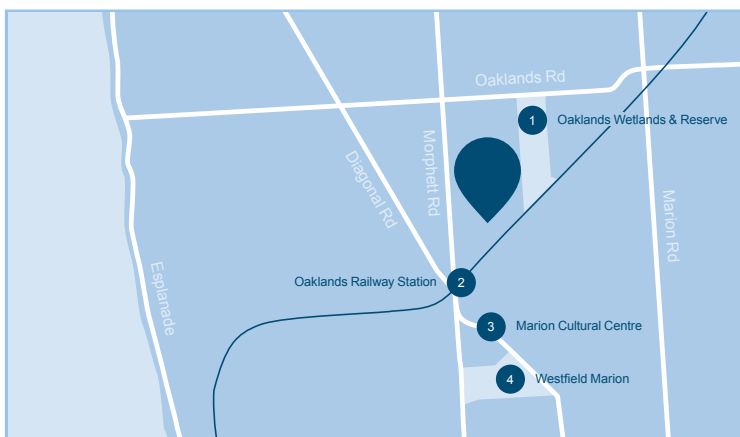
Picturesque, Friendly & Accessible

The heart of Oaklands Park.

Oaklands is ideally located in a peaceful residential neighbourhood, just a short drive from popular Glenelg beach, local wetlands, shops, public transport options and cultural delights. We're also well positioned to enjoy days out with visiting family and friends to the picturesque surrounds of the Adelaide Hills.

Our residents enjoy visits to Oaklands Wetland and Reserve, as well as Westfield Marion for shopping or to catch the latest film. We welcome visitors at any time for a cuppa in the gardens or one of our lounges, or perhaps a trip to Marion Cultural Centre for a stroll through the gallery.

We arrange regular group and individual outings, and because we believe in maintaining close links with our community, we also enjoy regular visits from guests and local organisations.



Ashford Hospital
8.7 km, 15 min drive



Oaklands Wetland Reserve
1.5 km, 3 min drive



Oaklands Railway Station
650 m, 3 min drive



LIVING + JOURNEY

Individual Care & Wellbeing

We ensure that you are cared for. At Calvary Oaklands, you can enjoy the following aged care services:

Short-term Respite

Respite care is ideal for when family and friends need a short break from looking after their loved one, or when an elderly person has left hospital and is not quite ready to return home. Individuals generally stay for a minimum two weeks. Meals, laundry, cleaning and any clinical care required are all provided, and residents are encouraged to take part in the leisure and lifestyle activities available.

Residential Aged Care

Residential aged care is when an individual moves into one of our homes. They have the benefits of 24-hour care, beautiful and homely accommodation, meals and domestic services, and both social and mental stimulation through the leisure and lifestyle activities available. Care is tailored to the individual.

Rehabilitation Care

Rehab care is short-term, supporting older people following a hospital stay. The major goal of rehabilitation is for older people to achieve mobility and self-care with minimal assistance. Our on-site physiotherapist and care coordinator will work together with you to tailor a rehabilitation program that best suits you.



“At Calvary Assist, we will help you navigate the journey to the care that is most suitable, ranging from respite to residential aged care, dementia care or palliative care.”

Jess Suraci
Calvary Assist Manager



Trust, Support & Confidence

Calvary has a long history of supporting our residents as they take the journey into aged care - and we know there's a lot of questions.

That's why in 2019, we created the Calvary Assist team. Formed from our most passionate and caring team members who have a wealth of experience, our dedicated customer service team is here to assist you with every step of your journey. From enquiring about homes in your area to providing assistance and guidance in understanding the aged care journey, our Calvary Assist team is here to help.

Calvary Assist - 1800 52 72 72
Monday to Friday, 9am-5pm

ENQUIRE TODAY

To arrange a complimentary tour, please call us on **1800 52 72 72** or visit **calvarycare.org.au**



Founded in 1885 by the Sisters of the Little Company of Mary, Calvary is a charitable, not-for-profit, Catholic health care organisation.

Our mission is to provide quality, responsive and compassionate health, community and aged care services through 'being for others'.

With over 18,000 staff and volunteers, we have a national network of 14 Public and Private Hospitals, 72 Residential Aged Care and Retirement Villages and 19 Community Care service centres.



Calvary would like to thank all residents, family members and staff who helped to create this brochure.

Where images from this home are unavailable, photography from our other homes may be used.

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