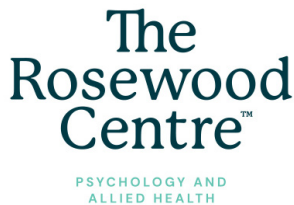


# Employee Assistance Program



## Help when you need it

Calvary provides a minimum of three free and confidential initial counselling sessions to all employees and their immediate family members that is run by a number of highly professional, friendly and caring psychologists and social workers.



### 1. The Rosewood Centre

For staff at Calvary Mater Newcastle  
Call 1800 613 155



### 2. Converge international

For staff at Calvary Health Care Kogarah  
and Calvary Administration  
Call 1300 687 633



### 3. LifeWorks

For all other staff at Calvary  
Call 1300 361 008

### Why use the program?

The counsellors help you to identify, explore and manage issues like:

- stress
- depression
- mental illness
- grief and trauma, and
- coping with change.

SCAN THE CODE  
TO FIND OUT  
MORE

