



11 November 2020

Dear Resident or Family Member,

RE: Updated Visitor Restrictions - Calvary Cessnock Retirement Community

The COVID-19 situation in the Hunter remains stable. Accordingly, we are pleased to be able to take the next step in easing restrictions, removing the need for visitors and staff to wear a face mask.

On Friday, NSW Health removed the suburb of Lakemba from its list of COVID-19 hotspots. Due to the risk of transmission, visitors who have been in the following LGAs in the past 14 days will not be permitted entry at this time: **Liverpool LGA** and **Camden LGA**.

In addition to the above, any visitor who has been in Victoria in the past 14 days will not be permitted entry. Current COVID-19 hotspots are listed on [the NSW Government website](#).

From tomorrow, 12 November 2020, the following eased restrictions will apply:

- **Visitors and staff are no longer required to wear a facemask.** Consistent with the latest NSW Health advice, masks are no longer required. Please continue to exercise good hand hygiene and cough etiquette.

All other restrictions are unchanged from 3 November 2020:

- **Any two (2) visitors will be permitted to visit between 11am and 6pm each day.**
- **Special exceptions to visitation rules.** Exceptions may apply for visitors of residents at end of life, or who may be experiencing distress, or where a care and support role is provided by a visitor. Please speak with the manager of your home to discuss arrangements.
- **Screening and temperature checks.** Screening questions and temperature checks for all visitors and staff will continue. If a visitor is found to have an elevated temperature of 37.5 degrees Celsius or greater, entry will not be permitted.
- **Visiting will be limited to the resident's room.** Social/physical distancing of a single person per 4 square metres as well as 1.5 metres separation at all times will still be required within the resident's room.

We will continue to monitor the advice of NSW Health and will keep you informed of any developments.

Please don't hesitate to contact the manager of your home should you have any questions or would like to discuss the individual care needs of your loved one. For up-to-date information for all residents and family members, please visit Calvary's COVID-19 updates site regularly at: www.calvarycoronavirusupdates.org.au

Thank you for your continued understanding and cooperation. By following the rules, you are helping us to keep everyone safe.

Sincerely,

Martin Bowles
National CEO

Bryan McLoughlin
Regional CEO - NSW