



# IMPORTANT: COVID-19 Update – Restrictions for South Australian employees and VMOs who have visited Victoria

**Date:** 9 July 2020  
**To:** All Staff, All VMOs - All SA Hospitals  
**Effective:** IMMEDIATELY  
**From:** Dr Tony Hobbs, Chief Medical Advisor | Sharon Kendall, Regional CEO - SA

**This is an amended\* version of a communication circulated on 8 July 2020, consistent with SA Government Emergency Management (Cross Border Travel No 8) (COVID-19) Direction 2020.**

As you will be aware, the Coronavirus (COVID-19) situation in Victoria is evolving. While the South Australian border has been closed to non-residents for some time, South Australian residents returning from other states and territories pose a potential risk of infection to others in the community.

**The situation in Victoria is a timely reminder to all our employees and VMO partners that it is a Government requirement that any person returning to South Australia must go into self-isolation for a period of 14 days.**

- **\*Amended 9 July 2020:** Any employee or VMO partner who has returned to South Australia from Victoria is not permitted to attend the workplace until they have completed their 14 days of mandatory self-isolation.
- In self-isolation, you will be required to monitor your health. If you are unwell in any way or are showing any symptoms of COVID-19, please notify your Manager or the hospital and seek medical advice.

#### **Symptoms of COVID-19 include:**

- fever;
- respiratory symptoms; including:
  - coughing;
  - sore throat; and/or
  - shortness of breath.

Other symptoms can include runny nose, headache, muscle or joint pain, nausea, diarrhoea, vomiting, loss of sense of smell, altered sense of taste, loss of appetite and fatigue.

For more information about COVID-19 symptoms, COVID-19 leave arrangements, as well as a range of other staff resources, please visit: [www.calvarystaffupdates.org.au](http://www.calvarystaffupdates.org.au)

Thank you for all that you do in the interest of caring for vulnerable South Australians in this challenging and evolving time of COVID-19 pandemic. If you have any questions, please contact your Manager.

If you are finding your situation distressing in any way, please discuss your concerns with your Manager. If you feel you require further support, please contact your Employee Assistance Program (EAP) at:

<http://connect.calvarycare.org.au/EmployeeEssentials/Conditions/pages/Employee-assistance-program.aspx>