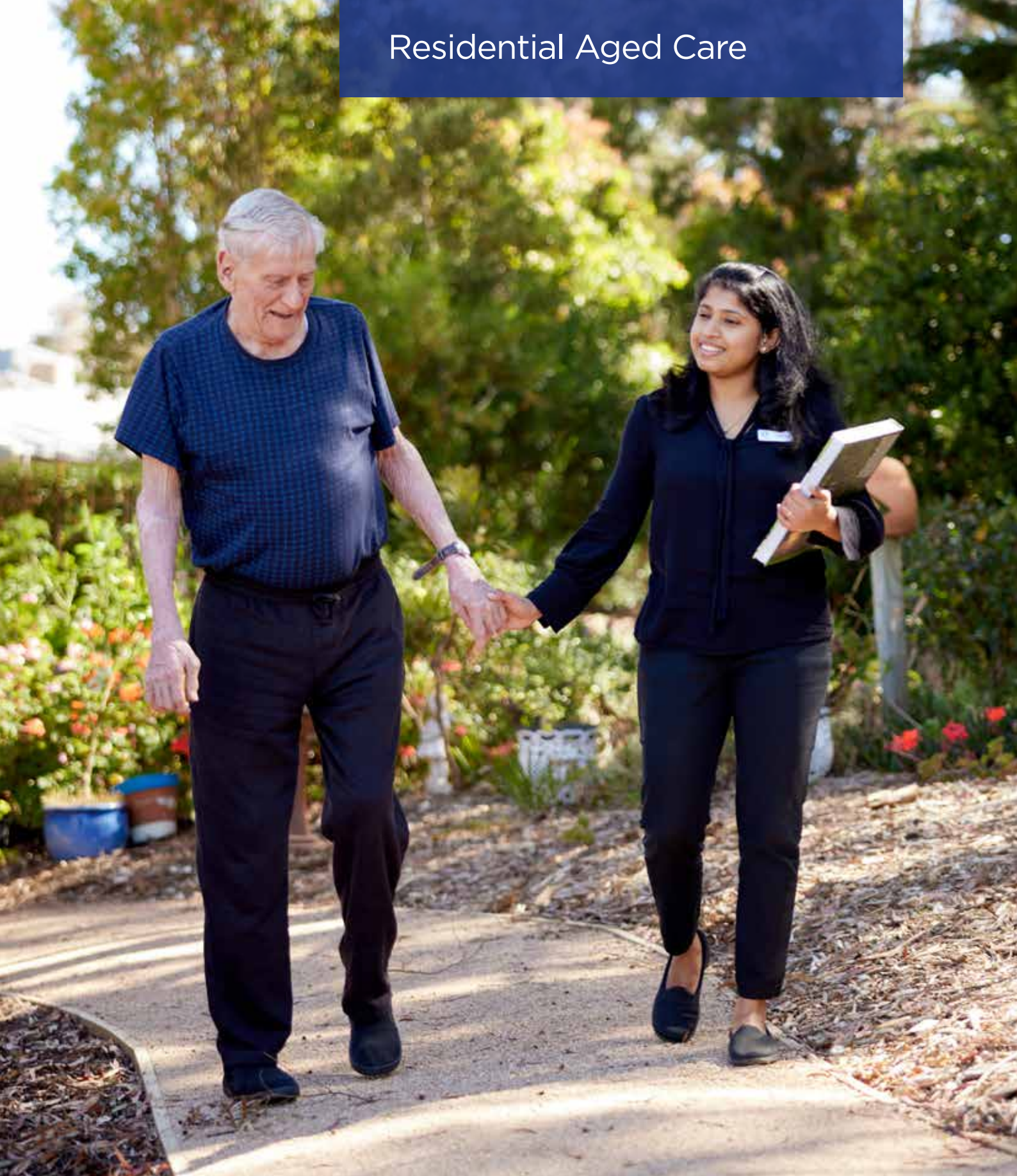


# Residential Aged Care



**Calvary**

George Vowell

Hospitality  
Healing  
Stewardship  
Respect

Continuing the Mission of the Sisters of the Little Company of Mary

# WELCOME TO CALVARY GEORGE VOWELL

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Life at George Vowell is all about living large - from the 8-hectare property to the expansive gardens, large rooms, open lounges and wide corridors. Matching the grand scale of the facilities is Calvary's renowned first class quality of care.

Recently refurbished, this is a modern residence designed to significantly raise the standard of aged care for the Mt Eliza community. Some suites feature separate lounge areas, walk-in wardrobes and private balconies, all carefully designed for comfort and convenience.

Our engaging lifestyle program is tailored to each resident, while our location provides the ideal place to continue living within this friendly and picturesque pocket of the Peninsula. In every way, at George Vowell we want you to enjoy the best quality of life which Calvary can offer.



“As one of the leading not-for-profit healthcare providers in Australia, our mission is to provide quality, responsive and compassionate health, community and aged care services through ‘being for others’.”

Calvary Health Care



# LIFESTYLE



## Community, Entertainment & Education

From bus trips to movies in our own theatre, there's always something happening at George Vowell. Our lifestyle program offers a rich and rewarding range of activities designed for the wellbeing of everyone.

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Watch your favourite film, enjoy a music performance and join in the fun of a singalong.

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With gardens, courtyards and a barbecue area, there are outdoor spaces and fresh air to enjoy at any time.

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Keep your mind healthy and sharp with a range of board games, cards, quizzes and other social activities.

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With local community visits, you'll stay connected to everything you already love about the neighbourhood.

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Brush up on a skill or develop a new passion, with a range of activities on offer such as woodwork, dance, art and craft.

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# CARE



## Health, Wellbeing & Safety

With around the clock care, the health of your body and mind rests in the best of hands. At Calvary, we offer a level of care suited to each resident's needs, including a specialised area with highly experienced staff for those living with dementia.

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Registered nurses onsite 24 hours a day, 7 days a week

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Respite, permanent and short stay care available

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Caring, committed and compassionate staff

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Specialised area for those living with dementia

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Aromatherapy, speech therapy, physiotherapy and podiatry

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Individualised support and therapy plans

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Visits from your own doctor or specialist

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Palliative care

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### COVID safe

We have a Covid-19 Outbreak Management Strategy and are committed to keeping our residents and staff safe.

# FOOD



## Healthy, Hearty & Delicious

We serve a seasonal menu prepared fresh by our chef. Here's just a taste:



## Sample Menu

### BREAKFAST

Continental breakfast spread



Cereals and porridge



Fresh fruits with yoghurt

### LUNCH

Farmhouse beef hot pot



Cinnamon pears with custard

### DINNER

Hearty scotch broth



Roast chicken and vegetables



Queens pudding with cream

**STAY**

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Our accommodation, along with a range of indoor and outdoor spaces, provides a welcoming and supportive place to live. Our shared rooms are perfect for couples who would like to live together while receiving the benefits of 24-hour care.

## Cosy, Comfortable & Modern

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Single and double rooms with private ensuites and garden views

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Relaxing day rooms, lounges and dining areas

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Beautiful gardens and courtyards

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Barbecue and outdoor dining

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Spacious lounge room

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Private dining room

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Sitting nooks

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Theatre room

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Café

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# STAFF



## Passionate, Professional & Dedicated

Our staff are at the centre of Calvary. We follow the principle that happy staff means happy residents and we are united by our common goal to deliver excellent care, every day.

We are proud that almost everyone who works at George Vowell is a Calvary staff member, including our care, kitchen, maintenance and cleaning staff. This means we have all undergone the rigorous Calvary recruitment process and that we are being frequently trained and educated in our professions.

Home Manager with a nursing background

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Qualified care staff, guided by our 135 year history in care

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Stringent recruitment process

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Continuous training and education

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# LOCATION



## Picturesque, Friendly & Accessible

The best of the Mornington Peninsula is at your door.

George Vowell is ideally located, just a short drive from the centre of Mornington with its well-loved cafés, shops and foreshore. We're also well positioned to enjoy days out with family to the picturesque surrounds of the Mornington Peninsula.

Our residents enjoy trips to Mount Eliza Regional Park, catching up over a coffee in town, or keeping active on the greens of the Mornington Country Golf Club. We welcome visiting family and friends at any time.

We arrange regular group and individual outings, and because we believe in maintaining close links with our community, we also enjoy regular visits from guests and local organisations.



**Frankston Hospital**  
9.7 km, 15 min drive



**Sunnyside North Beach**  
1.9 km, 3 min drive



**Mornington Golf Club**  
3.3 km, 5 min drive

# LIVING + JOURNEY



## Individual Care & Wellbeing

We ensure that you are cared for. At Calvary George Vowell, you can enjoy the following aged care services:

### Short-term Respite

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Respite care is ideal for when family and friends need a short break from looking after their loved one, or when an elderly person has left hospital and is not quite ready to return home. Individuals generally stay for a minimum two weeks. Meals, laundry, cleaning and any clinical care required are all provided, and residents are encouraged to take part in the leisure and lifestyle activities available.

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### Residential Aged Care

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Residential aged care is when an individual moves into one of our homes. They have the benefits of 24-hour care, beautiful and homely accommodation, meals and domestic services, and both social and mental stimulation through the leisure and lifestyle activities available. Care is tailored to the individual.

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### Rehabilitation Care

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Rehab care is short-term, supporting older people following a hospital stay. The major goal of rehabilitation is for older people to achieve mobility and self-care with minimal assistance. Our on-site physiotherapist and care coordinator will work together with you to tailor a rehabilitation program that best suits you.

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“At Calvary Assist, we will help you navigate the journey to the care that is most suitable, ranging from respite to residential aged care, dementia care or palliative care.”

Jess Suraci  
Calvary Assist Manager



## Trust, Support & Confidence

Calvary has a long history of supporting our residents as they take the journey into aged care - and we know there's a lot of questions.

That's why in 2019, we created the Calvary Assist team. Formed from our most passionate and caring team members who have a wealth of experience, our dedicated customer service team is here to assist you with every step of your journey. From enquiring about homes in your area to providing assistance and guidance in understanding the aged care journey, our Calvary Assist team is here to help.

Calvary Assist - 1800 52 72 72  
Monday to Friday, 9am-5pm

# ENQUIRE TODAY

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To arrange a complimentary tour, please call us on **1800 52 72 72** or visit **[calvarycare.org.au](http://calvarycare.org.au)**



Founded in 1885 by the Sisters of the Little Company of Mary, Calvary is a charitable, not-for-profit, Catholic health care organisation.

Our mission is to provide quality, responsive and compassionate health, community and aged care services through 'being for others'.

With over 18,000 staff and volunteers, we have a national network of 14 Public and Private Hospitals, 72 Residential Aged Care and Retirement Villages and 19 Community Care service centres.



Calvary would like to thank all residents, family members and staff who helped to create this brochure.

Where images from this home are unavailable, photography from our other homes may be used.

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Calvary George Vowell  
Cnr Cobb Road & Nepean Highway  
Mount Eliza VIC 3930  
Call 03 9787 2811