

Today I am
going to Hospital



My name is:

My favourite toy is called:

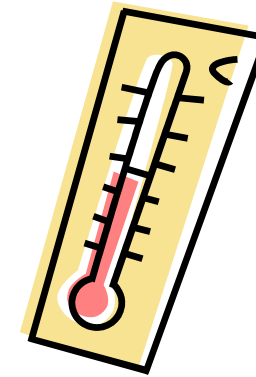
We arrived at Calvary John James Hospital Day Surgery and Admissions Centre.

The nurse asked me to stand on some scales so they could see how much I weighed.



I weighed: _____ kgs

The nurse then took my temperature.



My temperature was: _____ °C

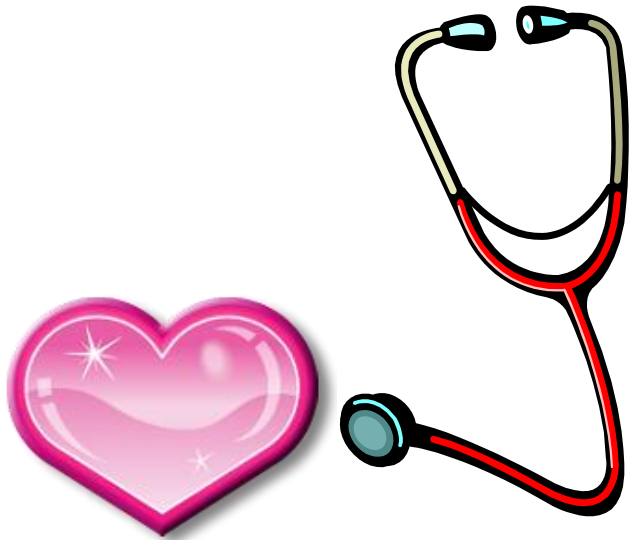
I was given a bracelet to wear with my name on it.

My parent, Teddy and I were then asked to wait in the play area.

A special doctor came to see me and talk to my parents. This doctor is called an *anaesthetist*. They look after you while you are asleep.

They listened to my heart with a stethoscope.

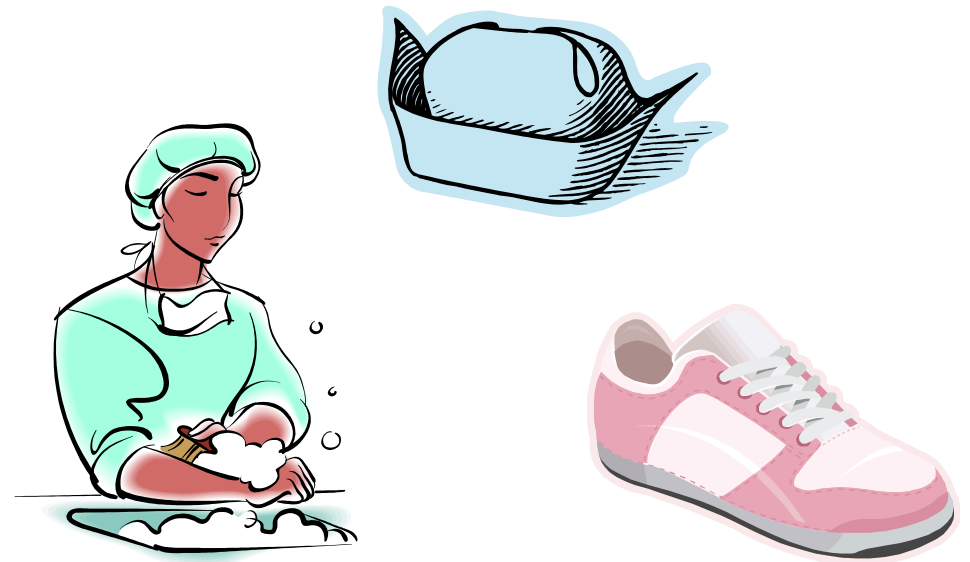
This tickled and was a little bit cold!



The nurse led us through some big doors into the theatre waiting area, called 'Holding Bay'.

In holding bay, all the nurses and doctors were dressed the same, Teddy thought they looked like pyjamas!

Some wore different coloured hats and shoes.



What coloured hat and shoes was your nurse wearing?

My parent had to wear some special clothes so that they could come down to the theatre with me. They put on a gown, booties that covered their shoes and had a fluffy cap on top of their head.... they looked very funny!

Teddy also got dressed up for theatre; the nurse even took a photo of him to go on the wall.

Whilst waiting, my anaesthetic nurse came to say hello and to take us to theatre. They also told me that in theatre I would see my doctor and some more nurses who are going to look after me.

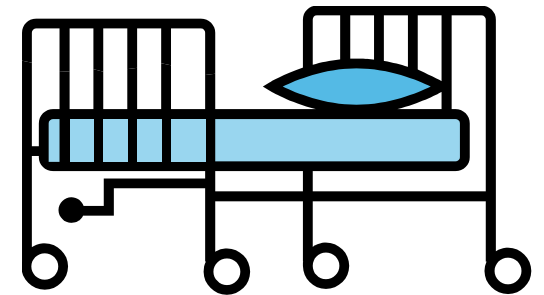


My anaesthetic nurse's name was:

My nurse checked my arm band and asked my parent some more questions. They then asked if I would like to have a ride on the bed to go to the theatre or if I would like to walk.



**Did you walk
or did you ride
on your bed?**



How did you go to theatre?

When we got into the theatre room, there was a new bed for me to lie on. It was a tall blue bed that had a puffy blanket filled with warm air.

Teddy laughed when I said “looks like a magic carpet”.



My anaesthetic nurse told me that this blanket is called a *Bair Hugger* and if I looked closely it has pictures of teddy bears all over it.

I jumped up on to the blue bed and I snuggled underneath the warm blanket.

I looked up and saw BIG lights! They looked like spaceships.



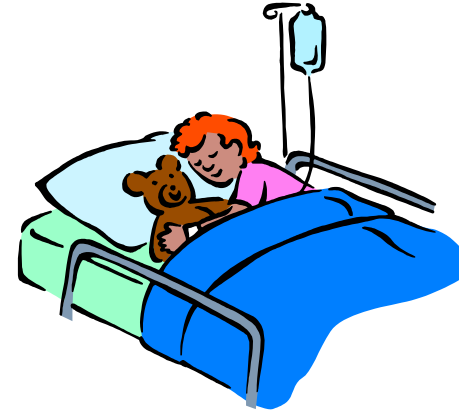
The doctor then gave me a mask to put over my nose and mouth. Teddy and I were talking like astronauts, making my parent laugh!

The doctor then added the gas that makes you giggle.

Sometimes this gas smells funny, a bit like my smelly socks!



The next thing I knew, I was waking up in recovery with Teddy!



After we had been in recovery for a little while, the nurse brought me some sandwiches, jelly and a juice box.



We were so brave!